

When things calm down, ...

...what do you do? Someday I would like to know the answer to that question. Me, I'm simply avoiding all the stuff I need to do. I'm sure that puts my ability to get to that answer a day or two behind, but it is what I want to do now.

Maybe that is the answer. Things don't have to be calm to find that time to do what you would do when they were calm. Doing them when life is hectic is the exact time to do them. Yes, finish those things that are a priority. Pay the bills, feed the family, get the things that must be done out of the way. And then for a minute, an hour, a day, or weeks even, do what you would do when things are calm. Relax, enjoy and recharge yourself.

For years, I've held back on taking time away from a perceived 'must do' list and didn't do some things I would have wanted to. That put me to a point where I was not doing things that I should have done. So some time in the near future, I will schedule some time for me.

I may use this to do some things around here that I should have done years ago. I may do things that would just be relaxing. But it will be what I want to do. I'll let you know when I force things to calm down. Then I will know what I would do...