melancholy

Strange isn't it, melancholy is such a lovely sounding word for pensive moods or depression. A good word for any vocabulary. This feeling of melancholy is not such a lovely feeling. The early Anglo-French word originally meant 'Black Bile'. This is from a 'humor' secreted by the spleen or kidneys that control or influenced our emotions.

For various reasons, that feeling of melancholy is upon me today. More a pensive state than anything else. I'm in a position with no solution. Being a guy, I have the innate desire to 'fix' things. Somethings just can't be 'fixed'. So the feeling of melancholy on me.

I guess that is life.