

How does that work?

I've read that Robert Louis Stevenson wrote the novella "Strange Case of Dr Jekyll and Mr Hyde" after having a nightmare. I'm really wondering how that works. I can remember only a handful of nightmares that I have had and not one would have made a good story.

Most of the nightmares that I remember are random things. Very short, with whatever it is that makes it a nightmare happening quickly and then waking me up. Never anything that I thought could be expanded into a story. Integrated into a story sure, but not as the basis of a story.

I guess I just have the wrong type of nightmare. They just wake me up and now give me the desire to write something in a blog to calm down.

I was thinking about writing about the nightmare itself, but I now have no desire to re-visit this dream. I hope it becomes a faded memory by the time I awake for the second time this morning.