

Fast Food Fish

There are 6 national Fast Food Restaurants that serve a Hot Fish sandwich at least during or around Lent. Yes, Subway exists and does server a tuna fish sandwich, but that is an entirely different animal. As I try them, I will give a short review.

McDonalds Fillet-o-Fish Served all year

The Fillet-o-Fish has been my perennial favorite. I'm sure this has something to do with eating so many growing up in a Catholic family, and of course spending lots of time hanging out in McDonalds. For those who don't know, this sandwich is a square fish stick on a bun, smothered in Tartar Sauce and a slice of melted American Cheese. This sandwich, as was usual with most McDonalds products is the same year after year, sandwich after sandwich. Even though my tastes have grown up a bit, I will still get one of these on occasion. I don't eliminate the meat from my diet during lent, or on Fridays, so the desire for fish has to out weigh my desire for beef. It happens, but the Fillet-O-Fish is not the comfort food that a cheeseburger is. ☐ These used to be a cheap sandwich at McDonalds, but the price has gone up in the past few years. There should be a two-fer sale in the next few weeks to coincide with the Lenten season. Not a bad sandwich, and it is my scale for all other fast food fish sandwiches... so it is a 7 on scale of 1 – 10

Burger King BK-fish Served all year

Been a few months since I've had one of these sandwiches. Always, and I do mean always overcooked. Doesn't matter what BK I go to. I'll stick to their Angus burger. Score 3. I may try this one again. I was told they got better, and it is Lenten fish sale time.

Arbys Fish during Lent

Decent fish sandwich, A large fillet with lettuce, tomato and

tartar sauce. When I last had it, no cheese was offered. Since I was used to the McDs sandwich I felt it was missing. They are usually only offered in the spring, with some sales during lent. I think last year it was during the entire period, but sometimes the sale is only on Fridays. With a sale price this is a very good value, not so good if not on sale. I'll choose it over the McDs sandwich when on sale. Give this one an 8 when on sale, 6 when not...

Wendy's Fish During Lent

I just had this sandwich a couple of weeks ago. I will have to try it again. On my first sandwich the fish was overcooked, but not served piping hot. Must have been sitting around a while. To give it a fair review, I will need to go back when they are busy on a Friday to make sure I get a fresh sandwich. Served with lettuce, tomato and Tartar Sauce with cheese as an option. So far the score on this sandwich is a 3.

Dairy Queen Fish Fillet sandwich (all year?)

I had the DQ Crispy Fish Fillet sandwich this week. What can I say? The onion rings were tasty. As for the fish, I would almost complain of some false advertising. It wasn't very crispy. That being said, it was a nice sized piece of fish. The sandwich also contained tartar sauce and lettuce. The bun was very fresh. Nothing really special, but not too bad either. I'm thinking a score of 6 fits this sandwich.

A&W/KFC Fish snackers during Lent

99 cent mini fish sandwiches. No frills, just Tartar Sauce, fish and a bun. I like these little sandwiches a lot. If our local KFC had better service, I would get it more often. Just not worth the time spent waiting to get them, unless I really want a draft Root Beer too. Interesting combination of KFC and A&W in our town, but I think that confuses the servers. Score 8

Your Favorite?

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