

Change happens, get used to it.

Change is inevitable in life. If we want it or not, change will occur. It is our job in this life to adapt to that change. Those who have trouble adapting to change, seem to have more problems.

I've written multiple times on life's changes. I've written about changes in my life. Daughters moving out, getting married, finishing or starting school. Those are changes.

I've written about the changing seasons and how that affects life in general.

I've even written about changing flat tires

I've come to realize, just recently in fact, that as much as I've written about things changing, at times I was actually fighting to keep things the same. I wanted that sense of stability. That comfort of a routine. Things were changing, but I was getting set in my ways.

Changes are constant. Maybe it is time to flow with them, and not fight them as much. But I can be stubborn. I think that like some mules, it may take a few kicks in the side to get me out of my comfortable routine.