

Thinking about thinking

I've been reflecting this evening about the things I think about. While watching Jeopardy, I noticed (again) there are some subjects I'm very good at, others (opera, actors/actresses, TV shows) I'm not as good at. If you do specific actors, If I like them I will know most of there works, if I don't well none of it sinks in even if they are in one or more of my favorite shows.

Anyway, I was trying to determine what type of information that takes root in this brain of mine. Computer stuff, most of the time. Math— well it used to, some is still there. Science— A lot, mainly the physical sciences (Earth Sciences, Astronomy, Physics, some Chemistry). Things dealing with logic (math/word puzzles). Politics, current and some historical. Some history, geography. Comic book heroes, well some of them anyway. Science Fiction and Fantasy books I've read (short list, I don't read everything). Some movie trivia (mainly Disney, Lord Of the Rings, Star Wars, Star Trek, Comic Book Movies, Harrison Ford movies, Mysteries, some comedies). Word play (taking and twisting words/meanings for fun). Some things of religious nature, especially the odd and frequently outside of common knowledge stuff.

Things that don't take root. Anything about TV sitcoms (exceptions Mash, Barney Miller). TV shows in general (I don't pay attention to much on TV anymore). Theater/Movies/Plays/Opera (except as noted above, or I've been in a specific show). Musical Groups/artists and Song titles. Artists and their work with a very few exceptions (I know the common stuff, who painted the Mona Lisa or the Sistine Chapel). Spelling/grammar (who knows, who cares sort of thing).

Other than that things come and go in my knowledge base quite frequently. If I've been playing Trivia games, I tend to keep

trivia in my head. If I'm working on an intense project at work, that information needed there is front and center. Discussing Politics frequently, well that information becomes available.

Somethings stay in my head all the time. I can tell you when each daughter was born (it may take a second or two). I can tell you the day and time I proposed to my wife. I never forgot an anniversary. I remember the birthday of my first crush. I know what my last words to my wife were, I know hers to me, and her last words (that weren't to me).

It seems like sometimes there shouldn't be much room for anything else in my head. I do tend to keep some information that is no longer needed (Do I really need to remember the favorite color of a girl I dated in 1981?). Some I wish I would have remembered better (sending things in the mail at the right time). If I could only figure out how to store and keep the information I want/need and get rid or archive the information I don't need/want. If I could figure that out I could write a book and retire...

BEST Reality Show EVER!!!

My favorite shows are on tv Thursday nights, and last week's episodes of both shows were really good. The Lost episode and the Office were up to par for sure, if not even a little better than usual. And some great news we got while watching ABC – it seems we won't be entirely without tv this summer since they're bringing back our favorite reality show, the best one ever in my opinion, The Mole! This show revolves around 12 contestants who perform various tasks. In past seasons the tasks have involved navigating around strange

countries and scavenger hunt-type things. The contestants work together to try to add money to the "pot"; except for the twist: one of the players is a saboteur, the Mole, who tries to work against the other players, trying NOT to get money added to the pot. Obviously the Mole cannot be obvious about his or her identity because if he or she is the last one left, then the Mole wins the game. Each week, the contestants take a quiz about the Mole, and the person with the fewest correct answers gets eliminated. There has been 4 seasons of the Mole, the first 2 being hosted by Anderson Cooper, the CNN anchor, and the next 2 being celebrity editions hosted by Ahmad Rashad. The show has not aired since 2004, and I have missed it! It is very entertaining, and I am VERY excited it's coming back to tv, especially since I will be going into Lost and especially Office withdrawal this summer!

Especially compounding the tv withdrawal this summer is that the episodes of my favorite shows were extra good last Thursday! Lost actually answered more questions than it asked, they actually continued some of the hanging plot lines instead of giving us new ones to ponder, and no new characters were introduced! Part 2 of the season finale airs in 2 weeks, and last night's episode really whet my appetite for this season's cliffhanger!

The Office was back to being utterly hilarious this week. The plot line with Toby's replacement being under the impression that Kevin is "special" was my favorite. I was also glad to see the return of Jan, though part of me was disappointed to discover it wasn't Michael's baby (according to Jan anyway – maybe a twist to look for next season?). Michael's new "love" for Holly was sweet and intense, but he actually might not be too far off this time – she seems like she might be a good match for him. I loved the part where he breaks into a Yoda impression after she says yoga, she just stares at him like he's bizarre, but then she breaks into a Yoda impression of her own. This might be a match made in heaven! But then

again, Michael had to be an idiot and gloss over Holly's invitation to get dessert... typical Michael Scott behavior! I can't believe we're back to waiting months for the show to come back on again! At least The Mole will keep me busy with tv – I highly recommend it!

Other sites

What's the use of coming here if not to get a look into my life? Such a look into my life might include some of the websites I visit often, including some message boards. Just click on the title to go there and see what this sub likes to read and do.

[Worthyboards](#): This is a Christian message board. It is part of a larger ministry, but I tend to stay on the message board. I don't post often being more of a lurker, but if you see any posts by Qun Mang, that's me. There is a prayer forum there so if you need a lot of people praying for you, sign up and put a post there. There are also some forums you can't see until you sign up, and one or two you can no longer see once you do!

[MAMEWorld.info](#): This is the message board for [MAMEWorld.net](#), posted in my last retrogaming post. It primarily deals with the arcade game emulator MAME, but people sometimes post about retrogaming in general there. Just do yourselves a favor and walk carefully in the Loony Bin. This part of the site is not safe for work, if you get my meaning. I try to avoid certain posts on this part of the site, but there is much posted here that is actually interesting so that's why I visit it.

[English Amiga Boards](#): All Amiga, all the time. This board is everything dealing with the Commodore Amiga, a very popular computer in the late 80s/early 90s. That is, popular in

Europe, not the U.S. English refers not only to the language, but to where the site is hosted. I had an Amiga 500 back in the days. A certain administrator had an Amiga 3000. You can also visit the main site, abime.net. From there you can find information on just about every Amiga game, read old Amiga magazines, and more.

[Internet Movie Database](#): Most of you regular readers already know of this site. If there is anything to be found about a movie, you can find it here. TV shows as well, but the next site is a little better for it, excepting in some cases the forums. IMDB forums seem to be more popular, however you have to sign up to even *read* the IMDB forums let alone post in them. I've been using this site since before it became a website, when it was a database you downloaded from the internet and read via software you install for it.

[TV.com](#): Same as above except for television shows. Their search engine stinks though. I typed in an exact title once and the search came up empty. I typed in a couple of key words and suddenly the show was found. Here you can read about the characters, the actors, episode guides, news about the shows, forums you don't need to sign up to read (just to post), and more.

[Geek.com](#) and [Neowin.net](#): A couple of sites with computer-related news.

[Majorgeeks](#): Lots of software for Windows computers, including both shareware and freeware. If you need an application, try this site. They also have some news at the end of each daily roundup. They seem to be based in Florida, so a lot of news revolves around that state.

Well, I think that's enough for today. Maybe I will post some more another time. There are also the sites I mentioned in my previous post, so check them out as well.

Bored

One thing about my life is that I don't easily form relational ties, as in friends. This does make it easier to live on a substitute teacher salary since I don't go to social events, but it does make for a boring life. I have strong ties with my church, particularly children's ministry, but outside of that I don't do much. I occasionally visit with friends I have made, particularly those now in Ohio, but making new friends? Really just acquaintances I only see at church and usually nowhere else. Is it any surprise then that I am still unmarried? Anyway, when I'm not teaching I am usually on the internet or watching TV. Tonight I came home, surfed the net, watched a few episodes of [Everybody Hates Chris](#), a hilarious weekly comedy loosely based on the teenage life of Chris Rock, and am using the internet again to write this. Unfortunately this is how just about every night looks. I have filled nights in the past with more schooling and musical theatre, but it has been awhile since either one so now I am just reflecting. I pray to meet someone I could eventually call my wife, but that requires social work on my part which just doesn't seem to happen. I really should make sure to get out tomorrow night to singles group at my church. It is a prayer and worship night, but it is followed by fellowship. Unfortunately I am in my mid-thirties and still socially-challenged. I often say really stupid things among people I don't know (and sometimes with people I do!). Also, after this month the singles ministry is breaking for a month to revamp the ministry somehow. I do know I filled out a questionnaire on this about a month ago so I guess this shouldn't come as a surprise. Well, enough about this.

Today I had 5th grade again, only this time it was an ELL

(English language learner) class. Mostly Hispanic, but other nationalities were represented as well. This was at a school where I have had problems before, so I wasn't expecting it to go as well as in my home district, though I tried to not act as if that were true. Expectations are important. I don't know if this is a true story or not, but in one of my classes in college we learned about a new teacher who was hired to teach a class, and one of the first things she noticed were numbers by their names. These numbers were in the lower to mid 100's, but all starting somewhat above 100 (120 maybe? I don't remember). She assumed these to be IQs of the students, so knowing that smart kids would easily get bored with a standard curriculum she prepared a challenging and engaging curriculum which over the length of the school year tremendously grew her students. She ended up with a very successful class with top grades. After it was over her principal (I think) asked her how she was so successful and she pointed out to him the IQ numbers for the students which made her try hard to keep them challenged so they would better learn. To this the principal replied that he was very happy with her teaching, but those were their locker numbers not their IQs.

Anyway, the day actually did not go as badly as I had feared. Sure, there were a few incidents involving a desk falling on the floor and a couple of boys getting hurt by slapping and punching each other, and also some strong-willed kids, but they did their work and they learned. In the end it wasn't a case where I just wanted to be done with it like some days.

Tomorrow: 7th grade language arts

Defunct TV Part II

Since my first post about defunct tv was SO lengthy, I had to omit some of my favorite tv shows from yester-year which were so great they warrant a mention and another post.

[The Bozo Show](#) – If you grew up in Chicagoland, this show was an icon. Some people in Ohio have told me it was on tv here too, but I know it just wasn't the same as growing up with Bozo next door. First of all, EVERYONE you knew went to see the Bozo show live. The girl I went with was put on the waiting list when she was in utero, and we were 9 or 10 years old before her mother finally got the tickets that allowed us entry into the show. But I'm just glad I got the experience, and I'm even more glad that I was old enough to remember seeing Bozo live – it was really neat. I was really scared of a character named Wizzo though, and I hoped he wouldn't be there on the day I was... Ironically, I don't remember if he was in that episode or not. My husband went to a Bozo show taping of course, since he was also a Chicagoland kid, but neither of us were on the Grand Prize Game. There were other characters on the show, mainly Bozo's clown sidekick, Cookie, and also a puppet dog named Cuddly Duddly. I think I'm going to have to dig out the tape of the show I was on, just for memories... So was Bozo aired nationally? Since it was so hugely popular in our area, it's hard to say; it's not like there was an internet back then or like I traveled a lot or had pen pals as a kid to ask. I would guess so, since lots of people have heard of it, but I'm sure it was nothing like the phenomena it reached in Chicagoland.

[Land of the Lost](#) – Saturday morning tv at its finest. This was a live show about a family who was transported back in time to contend with all kinds of prehistoric creatures like dinosaurs, etc. While looking up the show on imdb, I learned that there were 2 versions. One that aired from 1974-76, and one from 1991-92. I will dismiss the 90's remake since I

wasn't a big fan. But as for the original, I barely remember it but I know that I LOVED it! I must have watched it in syndication however, because I was not around to see it from '74-'76. But, when I saw the photos and synopsis of the episodes, I know that's the show I watched and loved. Interesting note – they are currently make a [movie version](#) due out next year starring [Will Ferrell](#) as the dad! I am a big fan of Will Ferrell's. I think he is great in almost everything I've seen him in; he's always funny and surprisingly versatile. He stars in one of my favorite Christmas movies of all time, [Elf](#). So I am anxious to see what they do with this remake of a classic tv show for our generation. I think the movie is slated to be a comedy, but with Will Ferrell as its star, that's no surprise. I wonder if they'll do what they did with the [Brady Bunch](#) movies and make it a satire of the tv show? It was very effective and funny when they did it in the Brady Bunch movies, but it would seem difficult to pull off for many tv shows without being too over the top. With the cheesy sets and special effects and costumes of the '70's Land of the Lost, satire might be a good avenue to explore for the movie remake. It'd be cool to see the movie set in the 70's – well, the family gets sent back in time, but if the family were still from the '70's... Guess we'll just have to wait until 2009 to see!

[The Littles](#) – A catchy theme song which began, "We are the Littles..." It was an awesome Saturday morning cartoon (which of course spawned into toys, lunchboxes, books, and even a few movies) about a family of small people with pointy ears and tails who lived within the walls of a Bigg (literally, this was the surname of the family!) family's house. The plots revolved around Tom and Lucy Little, a brother and sister who tried to keep their dopey aviator cousin Dinky out of trouble along with their Grandpa Little. The Littles had rigged up their own little world within the walls of the Bigg's home which they entered through a light socket, and it was neat to see how they used normal size objects to make

things they needed. They would often enlist the help of Henry Bigg, the human regular-size kid who lived in the house, since he was the only human to know about the Littles. Cute show – I could probably find it on [youtube](#) or somewhere like that if I looked.

[Shirt Tales](#) – Adorable little animal characters who began as a line of greeting cards were turned into a cartoon. Their shirts would display different sayings to express their feelings; such as Hug Me, Cuddly, or Dig Me (worn by a mole).

A really cute cartoon which aired on the USA network as part of its Cartoon Express, of which Pac Man the cartoon was also a part; see below.

[Pac Man](#) – A cartoon based upon the popular video game. I don't remember much about it, but I know I liked it, and it didn't last long. I think if I were to see this cartoon today as an adult, it would be dumb, whereas Shirt Tales might be cute. I haven't checked youtube, but they both just might be there; it seems likely.

Defunct TV

I received another email forward that is worth mentioning today. It was a list of people's first names followed by a tv show. The idea is that you are supposed to add your name to the list along with a tv show you used to watch that's not on tv anymore. I was a huge fan of tv as a kid, and I watched it a lot, so it was fun to sit and think about shows that I enjoyed that aren't on tv anymore. Since you were only supposed to add one show after your name on the email forward, I'm going to share the other shows I was going to put in it, along with imdb links so you can learn about them if you wish:

[Dolphin Cove](#) – This is the show I included with my name in the forward. It was originally an Australian show, but they tried it in the US, and it only aired for one season, if that. I think there were 8 episodes. It was about an American widower who moves to Australia with his 2 children to work with dolphins. His daughter is mute because she is in shock after witnessing the accident that took her mother's life. She develops special communication skills with the dolphins. Since I was only 10 when the show aired, I don't remember much, I just know that I really liked it and that I was extremely disappointed when it didn't come back on tv. Since it was cancelled abruptly, there were some open-ended plot lines, and I waited for months hoping the show would be back. Of course it was not. If anyone knows how to get it tape or the internet or anything, let me know, I'd love to see it again! Oh, and something interesting I learned from imdb – apparently the show was written by [Peter Benchley](#), the author who wrote [Jaws](#). I read a book by him once called The Beast, and it was pretty scary. Not that Dolphin Cove was scary or anything like that, it's just a note. I'm not sure if he wrote the concept for the show or all the episodes or both, but it doesn't really matter much now anyway.

[The Charmings](#) – I was 9 years old when this show was on and I thought it looked stupid then, if that tells you anything. Still, as a pre-tween girl, the intrigue of a sitcom based on a fairy tale was irresistible, so I gave it a try, and I still found it dumb. The tagline says it all: *"Snow White and Prince Charming fell asleep in the Enchanted Forest... they woke up in Burbank!"* Unbelievably, this show actually WON a primetime Emmy and was nominated for 3 others. True, it won the Emmy for Outstanding Lighting Direction (Electronic) for a Comedy Series, (does that one even still exist?) but still... I guess that magic mirror was truly something to behold. The writing and acting apparently were not however, since the show only lasted for 2 seasons, and they switched Snow Whites after only 6 episodes.

[The Carol Burnett Show](#) – I'm not talking about the well-known show that ran from 1967-1978 since I wasn't around for that; I'm talking about the hour-long show that aired in the early '90's. Each show featured a series of sketches with an awesome cast of supporting actors, and this is where I was introduced to an actor named [Richard Kind](#), who went on to do shows such as [Mad About You](#) and [Spin City](#). I loved every skit he was in on The Carol Burnett Show of the '90's – they were my favorites. I don't know how long the show lasted because I was very young at this time and there is not much info on it at [imdb.com](#), but I know that it should have lasted longer because it was true family entertainment – very funny for all ages.

[Silver Spoons](#) – Hardly anyone in my generation has forgotten this show. Airing for 5 seasons, it made a star of a young [Rick Schroder](#) (then he was known as Ricky Schroder, a heart-throb for teen girls everywhere!) as a spoiled rich kid who lived in a mansion but faced many of the problems normal teenagers face. His father (played by [Joel Higgins](#), whatever happened to him?) was a toy inventor, so needless to say, their house and the gadgets inside were pretty cool and fun to watch. It's hard to believe this show only lasted for 5 seasons, but then again, it was rerun on so many networks in syndication, and that's where I saw the majority of the episodes I watched. I still remember the theme song, and no, I didn't have to look it up first, which I guess is a little sad, but anyway: *"Here we are, face to face, a couple of Silver Spoons. Hopin to find, we're two of a kind, making a go, making it grow, together..."* I could go on, but you get the idea.

As an avid tv watcher, of course I watched many more shows than the ones I've listed here. These are just the ones that came to my mind today which I thought would make interesting conversation. And, for extra fun, here is a copy of the forward:

How many shows can we come up with that we USED to watch that are no

> longer on TV? Add one and keep going.

> This should be fun and jog our memories. No repeats on the shows please.

> Send to all your friends and back to me.

> Lisa.....Dolphin Cove

> Jamy.....Lois and Clark: The New Adventures of Superman

> Barb.....Little House on the Prairie

> Dutch.....Dragnet

> Marilyn.....Friday night fights!!

> Dutch.....Dynasty

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> Carol.....Streets of Sanfrancisco

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> Cheryl.....St. Elsewhere

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> Lisa.....Here Comes the Brides

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> Toni.....Peyton Place

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> Mary.....Topper

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> Madeline.....Friday Nite Videos

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> Sheila.....China Beach

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> Twyla.....I Remember Mama

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> Sandy.....Dallas

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> Melanie.....The Adventures Of Brisco County

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> Ellen..... Sports Night

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> Karen.....Hawaii 5-0

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> Pat.....Lucy's Toy Shop
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> Karma.....Happy Days
>
> Shari.....That Girl
>
> Bill.....Checkmate
>
> Judy.....Amos 'N Andy
>
> PegMickey Mouse Club
>
> Ron —— Lucky Strike Hit Parade
>
> Paula.....My Three Sons
>
> Cindy.....Mary Heart Line
>
> Barb.....I Love Lucy
>
> Glenda.....Phil Donahue Show
>
> MARLENE.....MY LITTLE MARGIE
>
> AJ.....Saturday Night Hit Parade
>
> June.....The Naked City
>
> Jeanie.....Danny Thomas Show
>
> Pam.....Bozo The Clown
>
> KimAndy Griffith Show
>
> Cassie.....30 something
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> Kay.....Saturday Night FRIGHTS (good ol scary movie

night)

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> Kaye.....Dick Van Dyke

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> Karen RustFather Knows Best (way back)

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> Kat D.....Mama's Family

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> Janna.....The Love Boat

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> Dan.....Night Court

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> Maureen.....Once and Again

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> MicheleBosom Buddies

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> Jennifer.....The Lawrence Welk Show

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> Marilyn.....Dr. Kildare

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> Diane.....Have Gun Will Travel

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>Phyllis.....Bonanza

>Sharon.....Winky Dink

LOST Episode 3/6/08

My blog title is just about as creative as last night's episode – not one of our favorites. Let's start by referring you to the tvguide.com blog. Thank goodness our regular writer is back. Not only does she give a complete synopsis of the episodes, she likes to make it interactive by posing

interesting questions to the viewers:

<https://community.tvguide.com/blog/Lost/800062566>

And, as a bonus this week, tvguide.com had a really interesting Q & A with some of the Lost cast members. It wasn't just interview-type questions either; it was cast members asking the producers questions about what's going to happen in the show. I think I learned more from this Q & A than from last night's episode! Check it out here: <https://www.tvguide.com/news/lost-questions-answered/080304-01>

Keep in mind that since this is a synopsis of last night's episode, there will be **SPOILERS** ahead, so don't read if you don't want to know what happened!

When the episode opened last night, we see Juliet in makeup, which tells us this is either a flash-forward or a flash-back. My first thought (and likewise with the tv guide blogger it turns out) is that it's a flash-forward and Juliet is one of the 'Oceanic 6'. We soon find out that this is not the case; it's actually a flash-back, and BOOM – here are 2 new characters for us all of a sudden, Harper and her husband, Griffin. Later in the episode, we find out that Griffin has met his demise already, so at least we only have Harper as a new character to contend with. I don't know about everybody else, but I don't remember Griffin from previous episodes. They showed him when the Others saw Oceanic 815 fall from the sky, and the tv guide blog mentioned him interacting with Ana Lucia, but I personally don't remember him. If I wasn't worried about being reminded of a thousand loose ends that haven't been tied up, I would go back and watch the episodes with Griffin in them. And speaking of Ana Lucia, her name has come up a lot lately for someone who has been dead for awhile. During the preview for next week's episode, they mentioned that we will "*see a face you never thought you'd see again.*" Please, **please** do not let it be Ana Lucia! Luckily, I think Michelle Rodriguez was too much of a liability for the show to ever resurrect her character – I hope. Didn't like

Michelle Rodriguez (couldn't she afford a taxi or better yet, to not get drunk at the Lost party rather than drive home? She ruined her up-and-coming career – what a moron), and I didn't like Ana Lucia one bit. And speaking of coming back, tonight's episode marked the reappearance of the eerie whispering in the forest, along with the numbers (there was a safe on the wall behind a painting, how corny, but the combination to the safe was some of the numbers that played such a major part in seasons 1 and 2 – haven't seen them much since). The eerie whispering and the numbers are two things I really hope they will explain someday... And speaking of questions, here are my questions after watching tonight's episode:

1. Locke says to Ben, "There is just one more thing I want to know." WHAT? There is really only ONE more thing Locke wants to know from Ben? I would have a million questions for that guy!
2. Why does Ben say something about kids asking for their mother? Are the Zach and Emma he is referring to HIS kids?
3. Do Farraday and Juliet know each other? In tonight's episode they seemed to, but before this, they didn't.

Also tonight, there were 2 interesting quotes which I will leave you with:

1. Ben pulls a video tape labeled *Red Sox* out of the safe, and says, "I taped over the game." I found it kind of cheesy, but my husband thought it was funny. Cheesy or not, it was pretty funny to hear Ben say that in that calculatingly evil tone of his.
2. Juliet says, "It was very stressful being an Other, Jack." I guess you had to see it, but it was a very entertaining and intriguing line, hearing it after all we've been through, especially when the Others were so mysterious for so long. The tvguide blog mentioned this line too; it was

very noteworthy.

I was disappointed after this week's episode because again, there are more new characters and less answers than ever. The cast Q & A they had on tvguide.com helped to cheer me up a little though; it gave me hope that the producers and writers do have some idea of where they're taking this show because I do have my doubts that they know what they're doing or where they're going. I just hope next week's episode is better.

The Price is WRONG, Bit...

You know I'm not going to finish that sentence... if you've seen Happy Gilmore, you know how it ends, anyway. If not, rent it if you like comedies, it's a good one. In case you haven't noticed, I watch a lot of tv. Actually, I don't really watch it, I just leave it on to listen to while I putter around the house doing various chores and tending to children all day... it's nice to hear adults talking, even if they aren't talking to me – I can pretend. Anyway, I usually have The Price is Right on in my laundry room for my parrot – it's his favorite show. He likes to imitate the AWWW noise the audience makes when they get something wrong. I'm getting used to Drew Carey. He's no Bob Barker, but he is finally becoming less nervous and getting in the groove of the show – or so I thought. The other day when I started this post – it got POSTponed (HA) because the baby and I have been under the weather – Drew was a little “off”. The opening prize was a train set, and he goes, what do you want to bid for that chainsaw? As he admitted, he didn't even look at the prize! Then later on, he called one of the models Rachel Ray. Funny stuff – and though it might seem like I have too much time on my hands, I beg to differ.

Dr. Phil

Dr. Phil is one of my favorite tv shows, especially during the writers' strike. Thank goodness that's over because my FAVORITE show is The Office, which I also plan to write about once they start airing new episodes – CAN'T WAIT! I also enjoy Lost and what I call "junk tv", meaning whatever is on like Moment of Truth, other fly-by-night reality shows, and shows like Cops and Dateline. Enough of the tangents (wink, wink ;)) – back to Dr. Phil.

First, let me talk about how lucky I am to be a Dr. Phil fan living where I live, in the middle of rural Ohio, halfway between Toledo and Fort Wayne, Indiana. That means we get two of each of the major networks, one out of Toledo, and one out of Fort Wayne. Dr. Phil is on in Toledo at 10 am, and it's on in Fort Wayne at 3 pm AND 7 pm. The 10 am and 7pm airings are the same episode, so if I miss the morning one, I have another chance to catch it. And if I miss both of those, the 3 o'clock airing from Fort Wayne is a week behind the others, giving me yet another chance to see a missed episode!

Anyway, today's episode was disturbing. Not like people-who-harm-children disturbing, but there was this husband who was a "right-fighter" and a "bully" – if you're a frequent Dr. Phil watcher you will know that these are two of his favorite terms. These and "hero". Hardly a week will go by when he doesn't say "this relationship needs a hero". So anyway, today's "right-fighter" was probably the worst husband I've ever seen on the show. I don't understand the point of their marriage, to be honest... I can't believe Dr. Phil didn't pull out another of his favorite sayings – "Children would rather be from a broken home than living in one." This guy verbally and emotionally abuses his wife about her weight, cleaning,

everything, then justifies his every action. I think you probably had to watch the show to even get the severity of what was going on... If you live near Fort Wayne, catch it next Wednesday at 3!