

# Good boots for bad feet

I'm not sure how many people know this, but my feet tend to give me problems. Nothing really serious, but at the end of most days, my feet are always sore and tired. It doesn't matter if I'm wearing dress shoes, casual shoes, running shoes, walking shoes, work boots or even no shoes, the end result is the same. Except for two days this week.


I have been looking for a pair of square toed harness boots. My brother had a pair that he wore until they completely wore out. He always said they were the most comfortable things he ever wore. I found a pair on Friday evening. They were a bit pricey for me, but I said what the heck. I needed some new shoes, and these could also be worn on stage. Two things for the price of one. Stage and shoes/boots for the winter months. Not the same brand my brother had, but they were a good pair of boots.


Anyway, I wore them all day Saturday (and into the early morning hours) and put them on again on Sunday. After 24+ hours of wear (and remember these are 'new' boots), my feet on both evenings felt fine. Good support all day without any binding. I don't think my feet would have felt any better if I had stayed in bed all day... That was totally unexpected.

And the strange thing about all this... My brother (even though he has been gone from this earth since 2003) was right again. At least this time he can't rub it in...

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# Sort of a political post

I was just curious at a picture I saw on the web tonight.   
My question is why would anybody take a picture of the shoes that the candidates are wearing? I don't think I can recall any other shoe pictures. I may be wrong, but I remember a lot of Pant Suits, Power Ties, body surfing, hunting, fishing, and of course hand shaking pictures of any other candidate in my lifetime, but not shoes. Was there really anything stunning about either pair of shoes? The red pair did remind me a bit of the ruby slippers, but that is because of the color. Just wondering?

And then of course during this I also found this picture: 

Is this making a fashion, religious or political statement? I'm not really sure. Interesting effect though. I may want to try to get a few of those for me. Could they put that on my driver's license? Should I use something like that on my blog? Should I use it for my pic on a dating site? (nah, too over the top for me...) Maybe I could just print up some 'saint j' cards.. I could give them out to all my friends...

Then again, if we can get that effect with lighting, and actual naked eye seeing, a red light in the background could set the tone of something in our haunted house. Or we could go with the dead guy in the corner. Yes, that is really a dead guy in the corner.



Oh well, I guess that's all the good pictures I found. Unless I include some of my own. Just one uninvited guest at my daughter's wedding last year.



Now he would be a good addition to the haunted house. A 6 foot gator on the prowl could get people a little jumpy.

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## Another Infamous List

I mentioned my infamous listing a few blog posts ago – I make lists of everything; including (rarely) lists of lists to make!

This list is for physical things, rather than everything that will change with the addition of a boy. Obviously, things like potty-training, long car rides, and even every meal time will be different while taking a boy's eating habits into consideration in our household full of girls.

### ***Things That Will Change When We Add a Boy to Our Household***

*No need for baby-sized headbands or barrettes*

*Boys need only 1 pair of shoes. Girls love shoes, so they need at the bare minimum, a pair of sandals, a pair of gym shoes, and a pair of dress shoes PER GIRL – our 20-month-old daughter already likes to try on shoes – just for fun!*

*Accessories like hats, socks, belts are all different between boys and girls things*

*Pillowcases, bedsheets, pillows, blankets*

Hmm, so far I only have wardrobe changes listed... I'm sure

there will be a lot more differences and I will start another list so I can compare while I'm actually living with the differences every day!

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## **There's An Awful Lot You Can Tell About a Person By Their Shoes...**

Where they're going. Where they've been. I've worn lots of shoes. I bet if I think about it real hard I could remember my first pair of shoes... – FORREST GUMP

The preceding quote comes to mind because Disney, our youngest-for-now, got her first pair of shoes yesterday! She loves them! She always asks to wear them, even if it's just for around the house. But she always ends up just wearing one somehow and losing the other, so I wonder what Forrest Gump would think of that? At first when she got them on, she just stood there, as if locked in cement. Her big sister Taylor helped her learn to walk in them – it was adorable. She was so patient with her without doing too much for her and giving in by picking her up. Finally, Disney learned to walk in her new shoes and loves them. Pretty soon she'll be running around in her new shoes with me waddling behind her trying to keep up!

Seeing her “stuck” there when she thought she couldn't walk reminded me of my other daughter Samantha, who is now almost 4. When Sammie was learning to walk, it was summertime, and she was wearing sandals, so she'd be walking, walking, then as soon as she hit the grass – STOP! And she'd be stuck there too, just like Disney was in her new shoes. It's strange how

learning to walk is such a huge new experience, yet I've never met anyone who remembers going through it... I think it's much more fun being on the parent side, this time around, but then again, I can't really name an experience that isn't!