

# Nocturnal Purple-Legged Baby

So how is life with 4 kids? One word – chaotic. I suppose some of that can be attributed to us not taking any time off from volunteering with the various community groups we are involved in... Most logical people would have done the smart thing and laid low for awhile. But us, we did just the opposite and jumped into a few new projects head first – oops. But, I do enjoy getting out and spending time with fellow adults, and besides, we've already committed ourselves, so it's too late now.

But anyway, the kids are adjusting just fine to having a new little brother. Our almost 2-year-old has reached the terrible twos officially, and she spends most of her time being upset or making messes. Figures, doesn't it, that she would reach this stage right as there's a new baby in the house. But it can't be helped, and we just have to grin and bear it for awhile until it passes. The upside is that her terrible twos are no where near the magnitude of the turmoil that her older sister caused in the house when she was going through them, but it's still hard to see our once sweet little girl being so nasty. I don't know what it is about the terrible twos, but every kid goes through them (maybe the terrible twos aren't so bad with boys? I'm hopeful...), and they can totally change a child's personality for months, even years. Little Disney was the sweetest baby and toddler, and now that she is almost 2, she has begun tantruming (almost constantly), hitting, spitting, and biting. Much, if not all of the behavior comes from being so frustrated – she gets frustrated when people don't understand what she wants or when she thinks her sisters are taking things from her. Even if they're just trying to help her, if anyone is doing anything she doesn't like, she'll throw a tantrum. But what keeps me going is knowing that it's just the age, and she'll magically return to normal one day; that's how it works. It usually

happens suddenly, almost as suddenly as it began – it's like a spell is broken, and hopefully it's sooner rather than later; but I'm prepared for the long haul because her sister's terrible twos (and boy, were they *terrible*) lasted from about the ages of 16 months until she was 4 years old.

And speaking of our 4-year-old, Sammie loves her new little brother and always wants to hold him. I'm trying to get better about how nervous it makes me; especially because Disney sees her older sisters holding him and then of course she wants to do it. But as time goes by, he gets stronger and less floppy, so eventually I can let them help more and be relaxed about it.

Taylor, our 8-year-old, loves her new little brother also, although with 2 younger sisters, she's kinda been there and done that, as far as new babies go. She is still a big help, especially with Disney, but she and Sammie fight constantly, and now Disney is starting to join in... If we could get a handle on some of the fighting, things would be much better around here. I feel like my kids fight, argue, and bicker *constantly*. I probably feel this way because it's true. Part of it is Disney being so frustrated all the time, and then neither she nor Sammie like to share things with others; and then also Taylor can be really nasty to Sammie, probably just cuz it's summer and they're sick of each other. Thank goodness school starts in less than 2 weeks. I say that now, but I'll also be losing my day-help when Taylor goes back to school, so we'll have to see how things work out.

As for the little guy himself, Christopher is almost 4 weeks old, and he's doing well. He is a constant joy to have around, but aren't they all at this age? The only problem with him is that he seems to be nocturnal – wakes all night and sleeps during the day. Luckily for me, my husband is a light sleeper and wakes with him before I even hear anything. He is getting no sleep, but I told him weeks ago, once you let me start sleeping through the night, my body will get used to

it and I won't wake up... I don't think he listened. But my sleeping-lightly days are over – during my pregnancy I awoke very easily at every little noise, but now I'm back to my I-could-sleep-through-Armageddon phase. I also warned Hubby that this baby was going to be nocturnal because in the womb, he wouldn't move much during the day, but he's start going crazy about 9pm until after I went to bed.

And almost all new babies bring with them the fear of something being wrong – the other day, Christopher's legs turned purple out of no where... I had just gotten him out of his stroller, but his straps weren't too tight or anything like that; I checked on them later. It was horribly scary to see his little purple legs, and I've never experienced that with my girls. But the doctor didn't seem to be too concerned; just something to take a look at next appointment – might be a blood vessel spasm, which I found out is not terribly uncommon in infants after looking it up on the internet. There is a condition called Raynaud's Syndrome that is characterized by purple limbs, however they're accompanied by extreme pain, and little Christopher was sleeping calmly while this happened. We'll see what the doctor says on Monday.

That's about it for now; it's good to be sitting here blogging again – it's been so hectic for a few weeks that I was not in front of my computer enough to even blog. But then I started thinking of all my faithful readers I was disappointing, and I thought I'd better make the time to give them something to read ☐

---

# Food Chain Gang

I should probably explain where the title of my blog comes from. It's actually a title I picked out years ago as I was musing while doing housework one day. I thought, a story about our household should be called, "The Food Chain Gang". At the time, we had a few more pets than we have now, completing the chain. Back then, we were the happy owners of 2 dogs, a cat, a parrot, and a little marsupial (animal with a pouch, like a kangaroo) called a sugar glider. The sugar glider and the cat have since crossed the "Rainbow Bridge" which some people call pet heaven. And, if you're a regular reader, you've read that we've added a new dog to our family in the last month. But the new dog doesn't exactly complete a food chain, so I just felt the need to explain why my blog is called "My Food Chain Gang" even though we are down to 3 dogs and a parrot.

As an animal lover, I would love to add even more pets to our menagerie, however, it's just not practical right now. We have 1 dog with some terrier (terror!) in her, Jack Russell to be exact, and she will "hunt" any kind of small animal we bring into the house. So, my dreams of owning a rat or 2 or 3 will have to wait at least a few years, hopefully more, since the "Jerk" Russell mix is only called that in jest – she is our baby. My husband and I adopted her before we were married and before the kids were born. And before you judge me, do the research – rats actually make very good pets! Unlike many of their rodent cousins; hamsters, gerbils and the like, rats are actually pretty clean, very smart, and they are even friendly and cuddly!

Since I already mentioned wanting a rat, which many people think is a crazy pet, it should be no surprise when I say with sincerity that if I didn't have small children, I would have a pet alligator. Again, a little bit of research will tell you that alligators are almost nothing like (in behavior) their

fellow crocodilians. They are actually quite docile and easier to handle than you would think ***if you know what you're doing of course*** – stress that point. I know some about handling alligators, though I've only held small to medium sized ones, and I have never even owned a reptile, so needless to say, this is not an option for me right now... but maybe someday!

I would also like a tortoise, but with 4 kids, 3 of which will be under the age of 5, I do enough cleaning up around the house as it is – don't need a tank to clean! Plus, we are very lucky to be able to afford some mini-vacations now and then, and any more responsibilities for the pet sitter might put her over the edge ☐

I have always wanted a goat, and now that we live in the country, I can see how easy it is to get one – you can just open up the paper, call a number and buy a goat. But I don't think the neighbors would appreciate what our lawn would look like. Something tells me our quiet residential neighborhood near the heart of the downtown of the city would not be a good place to house a goat.

I would love another cat someday, but I'm allergic. And it all but broke my heart when I lost my beloved cat earlier this year... I felt very guilty that I couldn't really pet her or spend time with her as much as I (and she) wanted because of my allergies.

And talking about cheap farm animals reminds me of another realization I had after moving to the country – baby chicks and ducks are really cute AND very cheep, err inexpensive! But again, our Jerk Russell would just try to eat any kind of animal like that. She STILL likes to hunt the parrot when he flies in the house, even though he's taken a nip at her more than once with his huge beak!

And I would LOVE my own parrot – I've always wanted an African

Grey, ever since I was really little and read a wonderful book by the same guy who wrote the movie, "The Water Horse". The author is Dick King-Smith, and his book, "Harry's Mad" is just a wonderful story for kids about a boy and his pet parrot. But while I'm on the subject of parrots, let me talk for a minute about pets NOT suitable for families. Parrots sure are beautiful animals, and they're lots of fun when they talk, laugh, and imitate, but they are also very moody and unpredictable. Most are not cuddly, and if they are, it's usually only with one person in the household, and they will resent every other person who gets in their way. Which is what happened with our parrot – he has bonded to Daddy, that's his "mate", and the rest of us cannot touch him, OR ELSE we have to deal with the rath of a beak that is strong enough to snap a broomstick in HALF! Parrots are VERY loud – and there is no relief from their noise. Their scream can rattle your eardrum, and is almost always guaranteed to make a small child cry. And, they scream to have fun! It's not just when they are upset or want something, so if you think you'll be able to quiet a screaming parrot, guess again! Luckily, ours is about to celebrate his 7th year with us, so through lots of growing pains, we've learned how to make it work in our house. Parrots can also be very dangerous, so just like any other animal, kids need to have constant supervision around parrots. Overall, as the owner of a parrot, I would HIGHLY recommend another pet choice to anyone with kids in the house.

I wouldn't recommend a sugar glider as a pet either. Ours was "used" – we actually found her at a garage sale – and that is a testament to how often people think it'd be cool to have one of these only to decide later they're too much work. They are intelligent, social animals, so they require lots of attention. However, they are also nocturnal, so you have to be available at night to take them out of their cage to play. Light will actually damage their eyes, so taking them out at night in a specially under-lit room is required. They can be nippy, smelly (they excrete an odor to mark their territory),

and can even make loud noises all night that keep you awake. And they require a special diet of fresh fruits and vegetables also, which can be inconvenient and expensive.

So anyway, now that I've recommended all the pets that AREN'T good for families, I would say that the standard dog or cat IS great for families. Obviously, there is a lot to take into consideration when shopping for one of these, and I won't go into that this time... if you really need some good advice about why humane societies are a better choice than pet stores and what to look for while choosing a pet, see my previous post called, "3's a Crowd?".

So, now you know where the title "My Food Chain Gang" came from. Maybe someday, I will add to the chain and have a real zoo to call my own. But for now, I will stick with the gang we have – everybody knows their place in the chain and gets along great!