

# BookWorm

I was always an avid reader, but then I took an almost decade hiatus from reading books. Because I did (and do) my reading before bed, I think the hiatus was due to the combination of getting used to parenting and also being fresh out of college which meant that I wasn't used to getting to read what I wanted rather than what was assigned to me. But a few years ago, I took up the hobby once again, and I've been thoroughly enjoying it. I began by reading non-fiction because I liked the idea of learning something while I was reading. I read biographies and stories that ranged from fun to inspirational, and my favorite reading was centered on true crime.

I read [\*In the Presence of My Enemies\*](#), the inspiring true story of the Burnham couple who, after years of missionary work in the Philippines, were taken hostage during a vacation there and held for a year. I read [\*My Lobotomy\*](#), the biography of a man named Howard Dully who underwent a forced frontal lobotomy at the age of 12. I read [\*How Many Hills to Hillsboro\*](#), an account of a family of 5 who attempted and almost made a cross country trip together in the '60s – on their bicycles. I delved into fiction, reading the entire Harry Potter series and loving it. And now I call myself an avid reader with a “to read” book list a mile long – and by the way, all of the above mentioned books I enjoyed immensely, and I highly recommend them.

I think that's how I ended up reading 3 books at the same time. It began when I was looking for something to read that would compare to Harry Potter, so I tried C.S. Lewis' Narnia series and began with *The Lion, The Witch, and the Wardrobe*. While enjoyable, it wasn't quite the can't-put-it-down book that I was looking for, so I consulted my “to read” list and decided to try a Stephen King book that had been recommended by a local newspaper columnist – [\*Under the Dome\*](#). With the exception of some short stories, I haven't read Stephen King

before, but I've enjoyed a few of his movies. So far, *Under the Dome* has been exactly what I'm looking for – page-turning excitement that is hard to put down! The novel is about a small town in Maine that is suddenly and inexplicably cut off from the rest of the world by a mysterious, invisible – yet very real barrier. Between trying to draft and enforce their own laws, keeping lawless individuals under control and townspeople from going crazy – literally – and attempting to figure out what the dome is and how to get rid of it, the little town has more than its fair share of strife.

A few weeks before my request for *Under the Dome* came in at the library, I had decided I wanted to read the Bible, and so I find myself switching between two 1000+ page books in bed at night – I am so grateful we found a great sale on that e-book reader, which makes switching between these two books easy on my arms and my bed partner. I know a lot of people are intimidated by the complex language of the Bible, but the NIV version is fairly easy reading, and I really enjoy reading it and especially learning more about the chapters I've read when I go to church on Sunday.

As if reading two 1000+ page books at the same time weren't enough (though on the plus side, it's not like I can possibly get the characters in the Bible and those in *Under the Dome* mixed up – a complication I used to run into in my heavier reading days when I would try to read a book for pleasure and a book for school at the same time), another one of my requests came in at the library – *Caril* by Ninette Beaver. Being a more obscure book, I don't know that I will get the opportunity to get it from the library again, so I'm attempting the book-reading tri-ecta. *Caril* is the unauthorized biography of Caril Fugate, the alleged accomplice to [Charles Starkweather](#) who went on an infamous murder spree centered in Lincoln Nebraska in 1958. Although Caril was tried and convicted in a court of law, there has been much debate about her actual role in the murders because of her age

at the time – 14. The book follows the cases and Caril's incarceration and is written from the media's point of view in the 1970's before Caril was released from prison. It's been interesting to read about other news items of the day (breaking news items in 1958 included: Liz Taylor's husband killed in a plane crash and Elvis being drafted into the Army) and also how differently people reacted to news reporters taking interviews for the brand-new medium of the day: television. Family members of suspects, law enforcement, and attorneys were all much more willing and able to talk to reporters and share details for the camera than they are today. You may have seen one of a number of movies made about the Starkweather cases; the most famous is Natural Born Killers, although that movie DOES NOT follow the cases accurately and is, in my opinion, a terrible movie. I guess the reason I'm so interested in these cases is because Charles Starkweather was a different type of serial killer and one who has escaped the major notoriety of say, Ted Bundy and John Wayne Gacy. I also lived in the lovely city of Lincoln Nebraska for a year, and I've seen many of the places where the crimes took place for myself – including the penitentiary where Starkweather was electrocuted and the cemetery where he is buried.

I'm really enjoying all 3 of my books right now, but reaching my goal of re-reading the last installment of the Harry Potter series before the final movie comes out mid-July is going to prove to be quite challenging!!

And one more note – further encouragement to read Under the Dome is the movie being made due to come out this year – looks like a made-for-tv movie, which is difficult for me to imagine based upon the violence involved and intensity of the story. But if Stephen King's other tv mini-series are any indication, Under the Dome the movie version will not disappoint and is an excellent reason to pick up this great book for some perfect summer reading!

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# My Lobotomy

I just finished reading an engrossing memoir entitled *My Lobotomy*. It took me a really long time to read it because I had to put it on hold since another book I had requested from the library came in. I was number 223 on the waiting list for the other book, so when it came in, I had no choice but to put down *My Lobotomy* for about a month. I was reluctant to put it down though, because Howard Dully's life story is fascinating. The book details a kid's life growing up in the 1950's and 1960's under the thumb of his 'evil' stepmother. As cliché as it sounds, there really is no better way to describe Howard's stepmom, but 'evil' is my adjective for her, not his. I find it very surprising and admirable of Howard that his memoir never takes a direction of self-pity, blame, nor hatred toward any of the people who were responsible for the trauma he endured as a child and young man. Rather, the narrative is written very matter-of-factly, and it follows Howard on his fascinating, though tortuous journey through the United States mental health system in the 1960's.

Howard Dully was forced to undergo a lobotomy at the tender age of 12. Basically, his stepmother resented him because he was a reminder to her of his real mother, his father's widow. So stepmother Lou was determined to get rid of Howard any way she could. When the lobotomy didn't turn him into a vegetable, she shipped him off to loony bins, insane asylums, or mental institutions, whichever term would best describe these places in the 1960's. This is a picture of an anesthetized 12-year-old Howard getting an ice pick lobotomy:



Lou convinced Howard's father and a doctor named Freeman that Howard was mentally ill. Well actually, Dr. Freeman did not need much convincing. He was the 'father of the lobotomy' and was eagerly looking for patients upon whom he could practice his 'procedure'. The procedure consisted of sticking an ice pick into one's eye sockets and swirling it around – seriously. And poor Howard was forced to endure this 'operation' as a kid at the age of 12. His memoir details every aspect of his life; it's riveting, heartbreaking, and finally triumphant because Howard is now a full grown man who seems like a genuinely nice guy, especially given everything he's been through and had to come to grips with in his life.

The book starts at his birth and chronicles his early life with his doting biological mother; taking the reader through all his trials and tribulations with stepmother Lou, the lobotomy, his struggles with addiction as a young adult, and finally on his search through his medical records and the touching interviews he conducted with his own father about his role in the events that shaped Howard's life. The book also includes the many notes taken by Dr. Freeman after his meetings with Howard and his family, which offer a very interesting and unique perspective...

After I finished this book, I was curious about many of the things I had read about, so I conducted a little research of my own, and I found [recordings Howard made about his story for the National Public Radio](#), as well as some [more information about Dr. Freeman and his ice-pick lobotomies](#)... Fascinating stuff, and I encourage you to check out Howard's story – the book is *My Lobotomy* by Howard Dully. Like I said, it's truly

amazing to me that after all he's been through, Howard just seems to want to know **why** it happened, rather than **who** to blame for it... an extremely commendable type of attitude which is growing increasingly rare in this day and age and was very refreshing to read about. Thanks, Howard, for such a compelling read!

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## Down And Out In The Magic Kingdom

I was doing a search in the library's database, and I came across the title *Down and Out in the Magic Kingdom* by Cory Doctorow. Further investigation showed it to be a science fiction book about Walt Disney World in the future. Not usually my type of novel (and I strongly prefer to read non-fiction anyway), but since we're Disney affectionados, I couldn't resist the read. It took me over a month to read it, and that's not even solely because I'm so busy. The book is difficult to read – author Doctorow does a nice job at placing the reader in the characters' futuristic universe, but it's almost too much – he neglects to provide an explanation of certain things. For instance, the characters all have “Whuffie” and “HUDs”, and these concepts are constantly revisited throughout the story, but it's never explained exactly what these things are! My interpretation is that Whuffie refers to a meter in one's body that measures a person's positive characteristics, experiences, and emotions – and others can see your Whuffie level. A person with low Whuffie is shunned in society, and sometimes even denied entrance to Disney World. HUDs seem to be a person's computer – it almost seems to be a part of their brain. They can look up stuff and send things to each other instantly with their

HUDs like directions to places. It seems to be kind of like today's internet, yet it's built right into people's brains. So, yeah, you can see why it was slow reading as the reader had to get around all of these unfamiliar concepts. But onto the story itself...

In the future when *Down and Out...* is set – and I don't know what year that is, he never specifically says – Disney World is now a retro-park; something that is preserved only because it's an example of the great works of our current time. The main character, Julius and his girlfriend Lil (who was raised in the Magic Kingdom) are on a mission to save the Magic Kingdom and keep the attractions as they are: old-fashioned rides through vintage dioramas. There is a group of people trying to "rehab" all the rides and give them a futuristic makeover, and they do get ahold of the Hall of Presidents – they make it so that the guests can actually see what it *feels* like to be Abraham Lincoln and the rest of the former Presidents. It is the goal of Julius, Lil, and their friend Dan to keep the rest of Liberty Square (a section of the Magic Kingdom), especially the Haunted Mansion, away from the "ad-hocs" as the rehabbing group is called. Throw in Julius' murder (don't worry, he's been "backed up" and can reclaim his life in a clone) and the fact that he now has to find out who killed him and keep it from happening again, and that's how the plot thickens.

Overall, it was a very interesting read, but probably not something I'd re-read. It was worth stepping out of my usual non-fiction genre for the experience to read a science-fiction tale, but it wasn't anything stupendous. The story was interesting, and the author did a great job of detailing life in the future, even if it was at times confusing to the reader. I kept feeling like I was coming in on a sequel having missed the first part. I thought there'd be more details about the Magic Kingdom, and in that respect, I was disappointed. But if you like sci-fi books and you've been to

Disney World, I recommend this book only if you read a lot and have lots of spare time. On a grading scale, *Down and Out in the Magic Kingdom* gets a C- from me. Up next for me is *My Lobotomy* by Howard Dully- a non-fiction book about a guy who was involuntarily given an “ice-pick” lobotomy as a 12-year old.