

# Yellow is the color of Ragweed

For the month of August, I thought I was going to get away with an easy allergy season. Usually my allergies start around mid-August. Right on time, I had the itchy eyes, but no other signs of my fall allergies. Yeah!!

All was good until the 10th of Sept. I woke up with the runny nose and heavy sneezing in the morning. That kept up all day to end with full sinus congestion. Ouch... My current medications don't seem to be doing any good. I realize that we just got some rain in the past few days, so I guess that is what really set the pollen and spores going.

Sinus headache is keeping me awake right now. I was sleeping, but someone sent me a text message and my phone kept beeping. Now with the sinus headache, I may be up for awhile..

I'm going to have to have the phone people turn off my text messaging, since I don't use it anyway, and I hate to pay for messages, I will never reply to.

On another note, only 4 more colors to go, and I have a box of Kindergarten crayons... I'll have to dig out the big box to see what colors there are now.