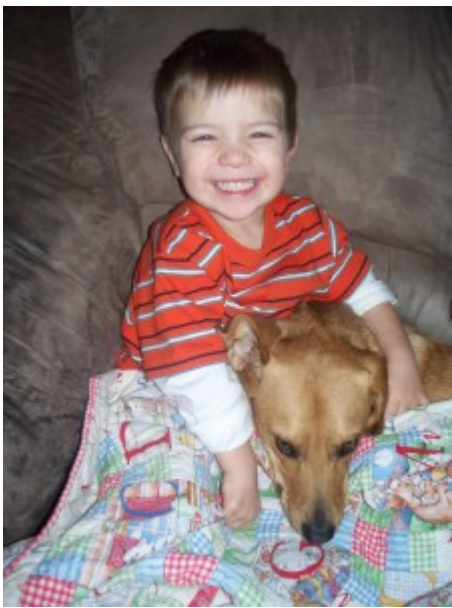


# The Dude Is Growing!

My son had his 30-month ( $2\frac{1}{2}$  years for you laypeople) check-up at the doctor today. All is well, though he wasn't very cooperative for the student doctor in training when it came to getting his nose and ears checked. And he had to get a shot, which of course was sad to witness. Unlike his 3 brave older sisters, he did cry, but he got over it quickly and proudly showed off his "owie" for the rest of the day. The little dude weighs 29.2 lbs. and is 2 feet and 10.5 inches tall.



---

## Checkup Time!

INSERT DISK HERE:



My son Christopher passed his 6 month baby checkup at the pediatrician with flying colors. If only adult physical tests were this easy – pass a block from hand to hand, pick up a raisin (which was promptly taken away because he's too little – where's the reward in that?), a turn of the head when your name is called... He has mastered all of it and is right where he should be developmentally. Except for one thing – sitting up. No I didn't forget the 'p' – he *has* mastered *spitting* up... haha. But he can't *sit* up unassisted yet, and he doesn't even seem to be close to doing so. The problem is that he refuses to bend at the waist. If I can get him into a sitting position, (and that's a big IF!) he arches his back immediately and tries to stand. I tried to explain this to the nurse so she wouldn't think he is physically slow, but he lost points anyway. Never mind that he can use his legs to jump vigorously in his bouncer that hangs from the doorway, or that he can single-handedly pull and move a heavy dining room chair with his iron grip – he still loses points for not being able to sit unassisted. Oh well, if that's how they score it, that's how they score it. It's not like it bothers me at all; I actually find it amusing. I think he might be crawling and walking before he sits...

Other news from the doctor appointment is that he weighs 16 lbs. 13oz. which is in the 30 percentile for weight. An easy explanation of the percentile comparison is this: If you take 100 babies my son's age, 30 of them would be at his weight or

lower and 70 of them would weigh more than he does. He is  $27\frac{1}{4}$  inches long, which puts him in the 75th percentile for height. His head circumference is 45.2 cm which is exactly average. I think he is probably our most average-sized baby; our oldest was always small for her age and the two in the middle were huge – Disney was once in the 100th percentile for height! Just another example of how different kids are, even ones in the same family. My 4 children physically remind me of each other, yet it's so fun to watch their differences emerge as they learn and grow! Here are Disney and Christopher, my two youngest:

