

I Passed!!!

Yesterday I did something I've never done before – I passed a 3 hour glucose challenge! I haven't had a gestational diabetes-free pregnancy since my first-born 8 ½ years ago! It feels really good to know that I can eat whatever I want for the next few months without having to worry about pairing proteins with carbs and cutting out desserts; I can hardly believe it. I don't have to go and speak with the endocrinologist or the dietician, and I won't be taking non-stress tests at the hospital. Most importantly, I won't have to inject my body with insulin – something with which my husband and I were not very comfortable anyway. And since gestational diabetes often leads to large babies, I am curious to see what this one will weigh. The previous 2 babies were both 8 lbs. 12 oz, and my first baby (no diabetes) was only 7 lbs. 2 oz. Of course, she was a little bit early and is still pretty small for her age to this day. But, I just wanted to share the news because I'm very excited that I have a few less things to worry about, and I know I had people waiting to hear the results of my test.