#### Homework

Maybe I'm becoming more simple-minded as I get older, or perhaps it's the fact that I spend my days with children. For whichever reason, I've found myself more amused by simple things lately, most notably email forwards. Here is another one that made me laugh out loud. I don't know; I found it funny, but I did read it at the end of a very long day...

My husband informed me it was fake, but it's more fun of course if you believe that some version of this actually happened. Either way, the author gets points for creativity in my book — and maybe my husband was just upset that he didn't get what the drawing was supposed to be in the first place  $\square$ 

A first grade girl handed in the drawing below for a homework assignment:



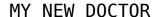
After it was graded and the child brought it home, she returned to school the next day with the following note:

#### Dear Ms. Davis,

I want to be very clear on my child's illustration. It is NOT of me on a dance pole on a stage in a strip joint. I work at Home Depot and had commented to my daughter how much money we made in the recent snowstorm. This drawing is of me selling a snow shovel.

### My New Doctor

How funny is it that I had this email forward waiting for me in my inbox when I returned from the doctor this morning?





Q: Doctor, I've heard that cardiovascular exercise can prolong life. Is this true?

A: Heart only good for so many beats, and that it... Don't waste on exercise. Everything wear out eventually. Speed up heart not make live longer; that like say you can extend life of car by driving faster. Want live longer? Take nap.

Q: Should I cut down on meat and eat more fruits and vegetables?

A: You must grasp logistical efficiencies. What does cow eat? Hay and corn. What are these? Vegetables. So, steak nothing more than efficient mechanism of delivering vegetables to system. Need grain? Eat chicken. Beef also good source of

field grass (green leafy vegetable). And pork chop give 100% recommended daily allowance of vegetable products.

Q: Should I reduce my alcohol intake?

A: No, not at all. Wine made from fruit. Brandy is distilled wine. That means they take water out of fruity bit; get even more goodness that way. Beer also made out of grain. Bottoms up!

Q: How can I calculate my body/fat ratio?

A: If you have body and you have fat, ratio is one to one. If you have two bodies, ratio is two to one, etc.

Q: What are some of the advantages of participating in a regular exercise program?

A: Cannot think of single one, sorry. My philosophy: No Pain...GOOD!

Q: Aren't fried foods bad for you?

A: YOU NOT LISTEN!!! ... Foods fried in vegetable oil.. How getting more vegetables bad for you?

Q: Will sit-ups help prevent me from getting a little soft around the middle?

A: Definitely not! When you exercise muscle, it get bigger. You should only do sit-ups if want bigger stomach.

Q: Is chocolate bad for me?

A: You crazy? HELLO .. Cocoa bean! Vegetable!!! Cocoa bean best feel-good food around!

Q: Is swimming good for your figure?

A: If swimming good for figure, explain whale.

Q: Is getting in-shape important for my lifestyle?

A: Hey! 'Round' is shape!

Well, I hope this has cleared up any misconceptions you may have had about food and diets.

AND....

For those of you who watch what you eat, here's the final word on nutrition and health. It's a relief to know the truth after all those conflicting nutritional studies:

1. The Japanese eat very little fat

And suffer fewer heart attacks than Americans.

2. The Mexicans eat a lot of fat

And suffer fewer heart attacks than Americans.

3. The Chinese drink very little red wine

And suffer fewer heart attacks than Americans.

4 The Italians drink a lot of red wine

And suffer fewer heart attacks than Americans.

5. The Germans drink a lot of beers and eat lots of sausages and fats

And suffer fewer heart attacks than Americans.

#### CONCLUSION....

Eat and drink what you like. Speaking English is apparently what kills you!

### Freedom And Jeff

I received another touching email forward, and I have to admit that I <u>snopes-ed</u> it because it sounded so fake. It's the story of Freedom the eagle and her friend Jeff — here is their story:

Freedom and I have been together 10 years this summer. She came in as a baby in 1998 with two broken wings. Her left wing doesn't open all the way even after surgery, it was broken in 4 places. She's my baby.

When Freedom came in she could not stand

and both wings were broken. She was emaciated and covered in lice. We made the decision to give her a chance at life, so I took her to the vets office. From then on, I was always around her. We had her in a huge dog carrier with the top off, and it was loaded up with shredded newspaper for her to lay in. I used to sit and talk to her, urging her to live, to fight; and she would lay there looking at me with those big brown eyes. We also had to tube feed her for weeks.

This went on for 4-6 weeks, and by then she still couldn't stand. It got to the point where the decision was made to euthanize her if she couldn't stand in a week. You know you don't want to cross that line between torture and rehab, and it looked like death was She was going to be put down that Friday, and I was supposed to come in on that Thursday afternoon. I didn't want to go to the center that Thursday, because I couldn't bear the thought of her being euthanized; but I went anyway, and when I walked in everyone was grinning from ear to ear. I went immediately back to her cage; and there she was, standing on her own, a big beautiful eagle. She was ready to live. I was just about in tears by then. was a very good day.

We knew she could never fly, so the director asked me to glove train her. I got her used to the glove, and then to jesses, and we started doing education programs for schools in western Washington. We wound up in the newspapers, radio (believe it or not) and some TV. Miracle Pets even did a show

about us.



In the spring of 2000, I was diagnosed with non-Hodgkin's lymphoma. I had stage 3, which is not good (one major organ plus everywhere), so I wound up doing 8 months of chemo. Lost the hair — the whole bit. I missed a lot of work. When I felt good enough, I would go to Sarvey and take Freedom out for walks. Freedom would also come to me in my dreams and help me fight the cancer. This happened time and time again.

Fast forward to November 2000, the day after Thanksgiving. I went in for my last checkup. I was told that if the cancer was not all gone after 8 rounds of chemo, then my last option was a stem cell transplant. Anyway, they did the tests; and I had to come back Monday for the results. I went in Monday, and I was told that all the cancer was gone.

So the first thing I did was get up to Sarvey and take the big girl out for a walk. It was misty and cold. I went to her flight and jessed her up, and we went out front to the top of the hill. I hadn't said a word to Freedom, but somehow she knew. She looked at me

and wrapped both her wings around me to where I could feel them pressing in on my back (I was engulfed in eagle wings), and she touched my nose with her beak and stared into my eyes, and we just stood there like that for I don't know how long. That was a magic moment. We have been soul mates ever since she came in. This is a very special bird.

On a side note: I have had people who were sick come up to us when we are out, and Freedom has some kind of hold on them. I once had a guy who was terminal come up to us and I let him hold her. His knees just about buckled and he swore he could feel her power coarse through his body. I have so many stories like that.

I never forget the honor I have of being so close to such a magnificent spirit as Freedom.

Hope you enjoy this. Jeff

Awww, that eagle sounds so sweet! So how did we get stuck with this big red jerk?



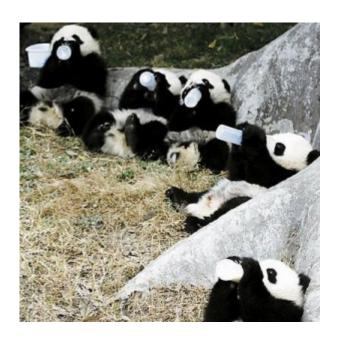
# I Can't Get Enough Of The Cute Animals

I received a few more of the email forwards with pictures of cute animals, so I thought I'd combine them into one post. So here are some cute animals — enough said.





That little parakeet is preening his smiling kitten buddy — something birds only do to the ones they love! And these pandas were displaced when an earthquake shook their forest home, but they're getting good care now. What I wouldn't give to sit right in the middle of that pen!





And, for the finale, check out this cat who loves boxing!

# For Those Born Between 1930-1979

The following words of wisdom came to me in an email forward. However, I have to disagree with some of it since I was born near the end of the window and I did have some of the things growing up that the email says I would not have had. So, I put my personal comments about this email forward in *italics*.

THOSE BORN 1930-1979

READ TO THE BOTTOM FOR QUOTE OF THE MONTH BY JAY LENO . IF YOU DON'T READ ANYTHING ELSE-VERY WELL STATED

TO ALL THE KIDS WHO SURVIVED the 1930's, 40's, 50's, 60's and 70's!! (I can barely get credit for surviving the 70's. After all, I only experienced the 70's for a year and a half!)

First, we survived being born to mothers who smoked and/or drank while they were pregnant. (Well, ok, maybe everyone reading this survived some of that, but that doesn't make it right, of course!)

They took aspirin, ate blue cheese dressing, tuna from a can, and didn't get tested for diabetes .

Then after that trauma, we were put to sleep on our tummies in baby cribs covered with bright colored lead-based paints.

We had no child- proof lids on medicine bottles, doors or cabinets and when we rode our bikes, we had no helmets. Not to mention the risks we took hitchhiking. (that is definitely before my time. I've never hitchhiked. And the only people I know who have are either deceased or over the age of 50!)

As infants & children, we would ride in cars with no car seats, booster seats, seat belts or air bags. (Ok, I remember this — every kid I knew whose parents had a station wagon would ride in the back of it for long trips, no seatbelts. I think kids should be buckled up, but I think the whole booster / car seat until they're 8 years old is just plain ridiculous! Ah, the effects those lobbyists have on Congress is purely amazing, isn't it?)

Riding in the back of a pick up on a warm day was always a special treat.

We drank water from the garden hose and NOT from a bottle.

We shared one soft drink with four friends, from one bottle and NO ONE actually died from this.

We ate cupcakes, white bread and real butter and drank Koolaid made with sugar, but we weren't overweight because WE WERE ALWAYS OUTSIDE PLAYING! (Well, a few people I went to school with DO have heart problems, but...)

We would leave home in the morning and play all day, as long as we were back when the streetlights came on.

No one was able to reach us all day. And we were OK.

We would spend hours building our go-carts out of scraps and then ride down the hill, only to find out we forgot the brakes After running into the bushes a few times, we learned to solve the problem.

We did not have Playstations, Nintendo 's, X-boxes, no video games at all (umm, I beg to differ. My generation had Atari, Intellivision, the Commodore, the Tandy, the original Nintendo, and even some hand-held electronic games), no 150 channels on cable, no video movies (again, not true. I remember the day my family got our VCR. I was worried my big sister would be mad because she was at a sleepover when we got

it and the whole event was so exciting. We rushed right out to the video store to rent a video. But all the good ones seemed to be in BETA, not VHS...) or DVD's, no surround-sound or CD's (but we had records, casette tapes, and walkmans!), no cell phones, no personal computers, no Internet or chatrooms......

WE HAD FRIENDS and we went outside and found them!

We fell out of trees, got cut, broke bones and teeth and there were no lawsuits from these accidents.

We ate worms and mud pies made from dirt, and the worms did not live in us forever. (Nor did the gum we swallowed stay in our tummies for seven years — hehe)

We were given BB guns for our 10th birthdays, made up games with sticks and tennis balls, and although we were told it would happen, we did not poke out very many eyes.

We rode bikes or walked to a friend's house and knocked on the door or rang the bell, or just walked in and talked to them!

Little League had tryouts and not everyone made the team. Those who didn't had to learn to deal with disappointment. Imagine that!! (Nowadays, we'd be lucky to get enough kids to have to turn them away, not that we would, but the point is, many kids are busy playing video games or causing trouble... or their parents are just too busy to let them commit to anything extracurricular)

The idea of a parent bailing us out if we broke the law was unheard of. They actually sided with the law! (Nowadays kids are charged as adults, so parents aren't often given the option to decide what's best for their own child!)

These generations have produced some of the best risk-takers, problem solvers and inventors ever!

The past 50 years have been an explosion of innovation and new

ideas.

We had freedom, failure, success and responsibility, and we learned HOW TO DEAL WITH IT ALL!

If YOU are one of them CONGRATULATIONS!

You might want to share this with others who have had the luck to grow up as kids, before the lawyers and the government regulated so much of our lives for our own good.

While you are at it, forward it to your kids so they will know how brave (and lucky) their parents were.

Kind of makes you want to run through the house with scissors, doesn't it?!

The quote of the month is by Jay Leno:

'With hurricanes, tornadoes, fires out of control, mud slides, flooding, severe thunderstorms tearing up the country from one end to another, and with the threat of bird flu and terrorist attacks, are we sure this is a good time to take God out of the Pledge of Allegiance?'

For those that prefer to think that God is not watching over us...go ahead and delete this.

For the rest of us...pass this ON!

Ok, I'm not a big fan of passing on email forwards... But this one entertained me, so do with it what you will, and remember that my contributions are the ones in italics, so thanks for reading my commentary!

### I Will Survive

Here's a cute video that was a popular email forward in the infancy age of email forwards. I saw this one years ago, and it popped into my head today for some reason, so here you go... oh yeah, make sure you watch the whole thing!

### **Too Punny!**

I received an email forward full of "Creative Puns for Educated Minds". Some of them are really cute, so I decided to publish them here on the blog. While reading these, you will groan at least once, but if you don't smile or even laugh out loud, you might be a little bit crabby and should probably take a nap instead of reading the rest of the 22 puns below.

- 1. The roundest knight at King Arthur's round table was Sir Cumference. He acquired his size from too much pi.
- 2. I thought I saw an eye doctor on an Alaskan island, but it turned out to be an optical Aleutian.
- 3. She was only a whiskey maker, but he loved her still.
- 4. A rubber band pistol was confiscated from algebra class because it was a weapon of math disruption.
- 5. The butcher backed into the meat grinder and got a little behind in his work.
- 6. No matter how much you push the envelope, it'll still be stationery.
- 7. A dog gave birth to puppies near the road and was cited for littering.
- 8. A grenade thrown into a kitchen in France would result in Linoleum Blownapart.
- 9. Two silk worms had a race. They ended up in a tie.
- 10. Time flies like an arrow. Fruit flies like a banana.
- 11. A hole has been found in the nudist camp wall. The police are looking into it.
- 12. Atheism is a non-prophet organization.
- 13. Two hats were hanging on a hat rack in the hallway. One hat said to the other, 'You stay here; I'll go on a head.'
- 14. I wondered why the baseball kept getting bigger. Then it hit me.

- 15. A sign on the lawn at a drug rehab center said: 'Keep off the Grass.'
- 16. A small boy swallowed some coins and was taken to a hospital. When his grandmother telephoned to ask how he was, a nurse said, 'No change yet.'
- 17. A chicken crossing the road is poultry in motion.
- 18. The short fortune-teller who escaped from prison was a small medium at large.
- 19. The man who survived mustard gas and pepper spray is now a seasoned veteran.
- 20. A backward poet writes inverse.
- 21. In democracy it's your vote that counts. In feudalism it's your count that votes.
- 22. When cannibals ate a missionary, they got a taste of religion.

# Am I The Only One Who Didn't Know This?

I received an interesting email forward from my mom last week, and I'm sharing it on my blog because it's a helpful household tip that most people I asked didn't know about. I had actually heard this Heloise-worthy hint before, but I had forgotten about it. Here is a copy of the email forward:

I had to go into the kitchen and check this out for myself. Who looks at the end of an aluminum foil box? You know, when you try to pull some foil out and the whole roll comes out of the box. Then you have to put the roll back in the box and start over. The darn roll always comes out at the wrong time.

Well, I would like to share this with you. Yesterday I went to

throw out an empty Reynolds Wrap foil box and for some reason I turned it and looked at the end of the box. And written on the end it said, "Press here to lock end."

Right there on the end of the box is a tab to lock the roll in place. How long has this little locking tab been there? I then looked at a generic brand of aluminum foil and it had one too. I then looked at a box of Saran wrap and it had one too! I can't count the number of times the Saran wrap roll has jumped out when I was trying to cover something up.

[poll id="8"]

## Awesome Anthem Of Moms Everywhere

Apparently while people are on Christmas break — off work or just home with their kids — they like to send email forwards. I've gotten a burst of them lately, and 2 caught my eye so I will share them. The first is another personality quiz, but it had some different questions than ones in the past, so I'm posting it. Second is a really cute youtube video of a lady doing a marvellous job singing a song with which every parent will identify. She is very talented, and it's a good performance. Not only do the lyrics ring true, but the woman has a nice voice, and she just performs the song very well. It's amazing to me that she was able to memorize all those words — they come awfully fast!

Here's a copy of the personality quiz email with the answers I wrote:

A little fun thing to do.

44 ODD Things about you! If you opened this, FILL IT OUT! Learn 44 things About your friends, and let them learn 44 things about you! Send back to Me and to several more friends!!

- 1. Do you like blue cheese? yes
- 2. Have you ever smoked? yes
- 3. Do you own a gun? NO!
- 4. What flavor of Kool Aid was your favorite? mountain berry
- 5. Do you get nervous before doctor appointments? yes
- 6. What do you think of hot dogs ? like em especially Vienna Beef or Nathans
- 7. Favorite Christmas movie? Elf
- 8. Favorite thing to drink in the morning:water
- 9. Can you do push ups? barely
- 10. Favorite piece of jewelry? my wedding and engagement rings
- 12. Do you have A.D.D.? I just might
- 13. What is one trait you hate about yourself? that I can be high strung
- 14. Middle name ? Marie
- 15. Name 3 thoughts at this exact moment. My Grandma's Christmas village is cooler than the one they're showing on the news I can't wait until Christmas I can't wait until Chris gets off work
- 17. Current worry? money
- 18. Current hate right now? arrogant, self-absorbed people
- 19. Favorite place to be? home
- 20. How did you bring in the New Year? with friends
- 22. Name three people who might complete this. Jamy, Megan, Mary Beth
- 23. Do you own slippers? no I wear imitation Crocs around the house
- 24. What shirt are you wearing? a red sweatshirt with snowflakes on it
- 25. Do you like sleeping on satin sheets? yes but only in the summer
- 26. Can you whistle? yes

- 27. Favorite color? green
- 28. Would you be a pirate? I've got a parrot... but I don't really know what this question means. I would not hijack ships and steal from people, so I guess not
- 29. What songs do you sing in the AM. Country
- 30. Favorite girl's name? Taylor
- 31. Favorite boy's name? Christopher
- 32. What's in your pocket right now? a piece of Barbie fake dog poop don't ask
- 33. Last thing that made you laugh? My girls seeing their baby brother jumping in his bouncy
- 34. What vehicle do you drive? minivan
- 35. Worst injury you have ever had? emergency cesarean with a blood transfusion
- 36. Favorite Season? Spring
- 37. How many TV's do you have in your house? 6
- 38. Who is your loudest friend? Lisa H. I guess
- 39. Do you have any pets? 2 dogs, a parrot, and one hibernating ladybug
- 40. Does someone have a crush on you? does marriage count as a crush?
- 41. What is your favorite book? Monkeys on the Interstate by Jack Hanna
- 42. Do you collect anything? board games, Legos, Cubs stuff, local historical memorabilia and books
- 43. Favorite sports team? Chicago Cubs / Bears
- 44. What song do you want played at your funeral? Whatever other people want to listen to, I guess... it's not like I'll be enjoying it!

And here is the Mom's Anthem video:

## Getting To Know Me - Some More

Got another 'getting to know you' quiz via email the other day. Since I still fill these out for some reason (don't really know why I do this — haven't my friends already learned all these things about me?), I figured I might as well post it on the blog. And this one prompted me to add a new category to my blogging also — fun forwards. Of course now I have a bunch of posts that should go into this category, but I'm not about to go back and re-classify all my posts.

44 ODD Things about you! If you opened this, FILL IT OUT! Learn

44 things about your friends, and let them learn 44 things about you!

Send back to me and to several more friends!

- 1. Do you like blue cheese? yes
- 2. Have you ever smoked? yes
- 3. Do you own a gun? no
- 4. What flavor Kool Aid was your favorite? mountain berry
- 5. Do you get nervous before a doctor appointment? depends what it's for
- 6. What do you think of hot dogs? like em especially Nathan's
- 7. Favorite Christmas movie? Elf, Christmas Vacation
- 8. What do you prefer to drink in the morning? water or iced tea if I'm tired
- 9. Can you do push ups? dunno
- 10. What's your favorite piece of jewelry? wedding ring
- 11. Favorite hobby? reading
- 12. Do you have A.D.D.? I just might

- 13. What's one trait you hate about yourself? impatience
- 14. Middle name? Marie
- 15. Name 3 thoughts at this exact moment? OUCH (my almost 2-year-old is doing my hair), is it too hot to cook pizzas at the party?, what will we do with 3 pizzas if we don't cook them?
- 16. Name 3 drinks you regularly drink? iced tea, water, beer
- 17. Current worry? husband's health
- 18. Current hate right now? my kids' inability to appreciate things
- 19. Favorite place to be? anywhere alone with Chris
- 20. How did you bring in the New Year? pregnant
- 21. Where would you like to go? Madagascar
- 22. Name three people who will complete this? Jamy (already did), Vickie, Megan
- 23. Do you own slippers? no
- 24. What color shirt are you wearing right now? red
- 25. Do you like sleeping on satin sheets? yes
- 26. Can you whistle? yes
- 28. Would you be a pirate? what does that mean? I've got a parrot…
- 29. What songs do you sing in the shower? whatever is on the radio
- 30. Favorite Girl's Names? Taylor, Samantha, Disney
- 31. Favorite boy's names? Christopher, Jonathan, Michael
- 32. What's in your pocket right now? don't have pockets
- 33. Last thing that made you laugh? The Nerd
- 34. Best bed sheets as a child? Snoopy
- 35. Worst injury you've ever had? getting cut open at the last minute to have a baby
- 36. Do you love where you live? YES
- 37. How many TVs do you have in your house? 5 + a few that don't work
- 38. Who is your loudest friend? Lisa H.
- 39. How many dogs do you have? 2
- 40. Does someone have a crush on you? yes
- 41. What is your favorite book? Monkeys on the Interstate by

Jack Hanna

- 42. What is your favorite candy? chocolate
- 43. Favorite Sports Team? Chicago Cubs, Chicago Bears
- 44. What song or songs do you want played at your funeral? Canon in D more appropriate for a wedding, I guess, but it's my favorite classical piece… it's not like I've thought about this!

TAKE LIFE ONE DAY AT A TIME. HAVE A GREAT ONE