

# **I have this and this, what can I make for dinner?**

Yes, my daughters have asked this question, or “What can I do with?”

If you ask any of my daughters, you will find out that I experiment in the kitchen. I tend to think of cooking as science with food. I like to find out what flavors go well with others. I often find out what flavors don't go well with others. Not all of my kitchen experiments work. My daughters may tell you that too. But over the years, a few of these experiments became family favorites. Our family meatloaf recipe is one constant changing experiment. Many different flavors made many wonderful meals. Through all of this experimentation, my girls learned that they could trust me if I said I tried this and it tasted good.

Where is this leading? Well, I thought that if I can get my daughters to read and reply, I'll give a few recipes from various starting points. My goal will always be 1 or 2 pan/pot meals that take very little prep time. I dislike washing dishes, so the fewer I get dirty, the better I like it. Since I'm not sure my daughters will reply, I will open this up to everyone. What do you have in your refrigerator? What's for dinner?