

# Back To Blogging

It seems like I haven't had the time to blog as much as I'd like to lately. Put it this way – Halloween ended over a week ago now, and I still have a draft sitting here detailing how my family spent what's probably our 2nd favorite holiday. I think I will quickly summarize and get it churned out next, hopefully.

One thing that's been taking up my blogging time is laundry. When the seasons change, my laundry responsibilities increase from about 3 loads per week to 6 or 7. That's because my family of 6 is now wearing pants instead of shorts or sundresses, many of us dress in layers in the fall which adds sweatshirts to the mix, and then there are the added number of blankies that the kids use when it turns cold outside. The good news of all this is that when spring turns to summer, I find myself with about half the laundry I've gotten used to doing in the winter – kind of a fall back, spring ahead-type thing for laundry, I guess. But more laundry folding and less blogging for me in the mean time.

And that reminds me, a funny thing happened at church yesterday. When my class got back to our classroom after large group, there were 2 new kids sitting there. I introduced myself, and we were just getting started when their dad came to the door, seemingly embarrassed and very apologetic as he asked for his kids back – turns out their family had forgotten to set their clocks back an hour, so they were actually there for the next service ☹

Our family remembered to change our clocks, but we didn't get to appreciate the extra hour of sleep it was supposed to bring – kids have biological clocks, they wake up at the same time every day regardless of what the clock says or what time zone they are in. This is especially good advice if you're going to travel with kids across time zones – don't fool yourself

into thinking that your kids will adjust to the local time when you travel, or you could be in for a not-so-pleasant surprise. My wonderful, thoughtful husband is always the one who gets up early with the kids, but I had to be at church at 8:30 yesterday. Also, I was up all night with a killer headache – now that was strange.



I am very lucky to be able to say that I very rarely get headaches. If I don't get enough sleep, I will have a dull ringing in my head, but nothing like Saturday night's doozy that was actually waking me up throughout the night. Luckily it went away (with help) before I arrived in my classroom full of 1st graders. But I have to wonder about the cause of this colossal headache – could it perhaps be some kind of weird virus that had me laid up all weekend? Saturday I was knocked flat on my back by a sudden and severe mysterious back pain. It began on Friday, when I decided to take my kids to the zoo since they had a day off school. By the time we were ready to leave, I couldn't bend over and had to ask for help to tie my shoes. I thought maybe it was a pulled muscle or something, maybe a cramp that would work itself out – I couldn't remember injuring it. But I did not enjoy myself nearly as much as I usually do at the zoo ☐ And thank goodness Hubby decided to come with or I don't know how I would have been able to handle 5 kids (my daughter's friend came along) by myself without hardly being able to bend or move right. When we got home, Hubby had some work to catch up on, and I fell asleep on the couch while waiting for him –

something I haven't done for ages which makes me realize that I didn't feel too well on Friday. Then Saturday dawns, and I can't get out of bed because of the extreme pain every time I tried to bend. So I stayed in bed until 1:30 – played my cards right and got lunch in bed too – when we absolutely had to leave to meet our youth group kids for a service project. I got the easy job – waiting for the kids who were late – while the others raked leaves and picked up litter, and while I took it easy, my back started to feel better. But then came the headache which was to plague me all night. What makes me think this is a virus is because of all the stuff going around lately, plus the fact that my sister had this same exact sudden backache a few weeks ago – could it be a contagious 'backache virus'? I owed my parents an email, but I couldn't get in front of the computer with my sore back, so I called them from bed Saturday morning, and that's how I found out about my sister. Anyway, my point is, it was a busy weekend, but also one where I couldn't get to my computer even if I had had the time, hence the slow pace of the blogging.



And speaking of things going around... my parakeet JJ is feeling much better. He's even chirping again!! He hasn't lost his balance while sitting on his perch in days, and his physical appearance is starting to look healthier. The lady at the pet store said that if a little bird is fluffed up and at the bottom of his cage like JJ was that it's almost always too late to save them, so I feel really great that my little guy seems to have another chance. I guess I should have bought this really cool looking

toy I saw the other day, but my husband and I have a policy that we try not to buy anything unless we have an immediate use for it. This thing was a \$10 cabinet – you install it in your living room or somewhere; it's a nice looking wood cabinet, and it opens into a little play yard for small birds. Ugh, just writing about it makes me want it, but the store was an hour away, and JJ is a cage bird – I don't know that he would come out to play in a play yard. I think of him as so fragile, so it would be difficult for me to make him come out; I sure wouldn't want him to get sick again.

Well, anyway, I've rambled enough – guess I just wanted to share my relief at getting well and of being able to blog again. Until that overdue Halloween post...