

HAPPY FRIENDSHIP WEEK

I received this email today from a friend. I always enjoy reading Andy Rooney's column periodically in the paper and caught him from time to time on 60 Minutes... even if he seemed hypercritical I thought this was at times touching, humorous, but oh so true. A great thing to pass on today since a great friend is having a birthday today. I hope you have a great one, L and we will call it 29 and holding if you like ☺ !

In order to save on space, I am going to reprint my favorites:

I've learned... That just one person saying to me, 'You've made my day!' makes **MY** day. (Go ahead, make my day).

I've learned... That having a child fall asleep in your arms is one of the most peaceful feelings in the world (very true especially if you can get one to do it... a miracle in itself at times, but when it happens... it is magic)

I've learned... That being kind is much more important than being right. (of course there are exceptions to every rule)

I've learned... **That no matter how serious your life requires you to be, everyone needs a friend to act Goofy with.** (Gawrsh... that is my favorite of the bunch... wonder why. hyuck, hyuck)

I've learned... That sometimes all a person needs is a hand to hold and a heart to understand. (That is beautiful and very true)

I've learned... That love, not time, heals all wounds. (Again, very profound)

I've learned... That everyone you meet deserves to be greeted with a smile. (You may not like the person you meet, but a smile is nothing more than a frown turned upside down. I was also once told that you use more facial muscles when you frown. Myth or fact? Going along with that....)

I've learned... That a smile is an inexpensive way to improve your looks (not sure that I totally agree with that one, but never hurts).

Happy Birthday, Lis ☐ . You are my friend and I AM honored!