Gruesome and Disgusting - What are People Thinking?

I can't imagine what these teens were thinking... Teens often do stupid things, but this one is beyond stupid... I just don't have much to say about this; I'm dumbfounded. I don't understand how a person or persons would come up with such an idea — too bad they couldn't use that "creativity" more productively!

https://www.thesmokinggun.com/archive/years/2008/0509081corpse
1.html

And check out the part in the police report where they say that one of the defendents regurgitated upon being questioned... is that a consequence of remorse or fear of getting busted? Is there actually a chance that he realized how disgustingly heinous his crime really was?