

# A Can Of Formula And A Pack Of Marlboros, Please

Yesterday we made a trip to our second-closest Walmart, and that location keeps their baby formula behind the counter, with the cigarettes. I guess formula theft is rampant, at least at that Walmart location. The cashier said something about it being used to make drugs, but I don't know if that's just her own hypothesis or if it's true, but it doesn't really make sense to me. Whatever the reason, it's so much more inconvenient for us regular shoppers. Not only do I have to remember to get the formula on the way out, but we have to stand in a special line since only the one checkout lane has the formula. Then you have to be clear on which kind you want, and you have to make sure the cashier knows what you're talking about because there are at least 10 varieties. It would stink to come home and find that you were given the wrong kind or had forgotten the formula altogether, which did happen to me last time I shopped at that Walmart location. Anyone who has or has had little kids can understand how crazy kids can get in the checkout line. Not only is it boring (especially at Walmart, where it often takes forever and a day also), but they're nice enough to stock both sides of the aisle with plenty of tempting goodies for kids, conveniently all at eye level. So the kids often are going crazy in the checkout line, and now the weary parent is expected to remember they still need their formula (and probably cigarettes, the way the shopping trip is going!) and to make sure they get the right kind of formula. It's a stupid set-up, and I really hope they don't implement this change at my local Walmart where I do most of my shopping. I have a suggestion that would make things a wee bit easier if they insist on keeping the formula behind the counter. In the baby section of the store, have papers with bar codes on them corresponding to the different types of formulas. That way,

we can just grab the slip we need and put it in our cart, eliminating the need for remembering to get the formula later or confusion with the cashier. This system works well when you buy large items, like swingsets, so why not try it with formula?

And while we got on the subject of drugs with the cashier, she told us an interesting tidbit about Walmart's cash registers. It seems they are trained to recognize the combination of supplies one needs to create a meth lab. If someone buys this combination of items, the register will alert the employee. Now I'm as opposed to meth labs as the next person, and I certainly don't want them in my neighborhood, but when the Walmart cash register is programmed to tell you what *not* to buy... I think that's a little too much. Big brother, here we come...

---

## **We've Got To Get Away... We've Got To Run Away!**

This post is titled after a line from my favorite movie, [The Wizard of Oz](#). In case you live in a hole or you're Amish, the movie is about a girl named Dorothy who runs away and gets swept into a mystical land. Of course, if you're Amish, I don't know why you're reading my blog, but I'm glad you are. But the reason I'm writing this is that it's happened – we've had our first threat of running away from a kid. For those of you who know our family, you get only one guess as to who it was. Got your guess? Ok, it was Samantha – SURPRISE! It's funny because my husband and I were just discussing this a few days ago. We talked about how seemingly every little kid plans to run away at one time or another. We also talked

about how if any of our kids were going to run away, we both thought it would be Samantha (she's 4, by the way, if you don't know us, and she's *always* been a firecracker, even as far back as her womb-dwelling days). And now here we are, mere days later, and she brings it up. She didn't attempt it or say it out of anger; what happened is this: She was bouncing on our bouncing zebra toy, which actually belongs to her little sister, Disney. Since Disney is almost 2, seeing Samantha on the bouncing zebra made her suddenly decide that she wanted to play on it, of course. So I asked Sammie to give Disney a turn, and she refused. I started threatening things like making her take a nap, time-out, and taking toys away, and for each punishment, she had an answer.

"I'm going to have to make you take a nap then." was met with "I won't sleep."

"Then I'll have to take away one of your toys." was followed by "Then I'll run away."

Well, the situation was resolved when Disney asked for a popsicle. I was more than happy to give her one because she is being SO good today; polar opposite of the hellish day she made for me yesterday. The new popsicles I bought today weren't frozen yet, and all we had was some random soccer ball popsicle I found in the freezer. I gave it to her, totally over-emphasizing what a good girl she's been today so hopefully she'll get the message and stay this way. But I gave it to her knowing we might have a problem when I didn't have any for the other kids, which is a golden rule of parenting that must not be broken: if you have 2 kids, obtain things and give them out in twos. If you have 3 kids, you must always have 3 treats, toys, what have you. Whatever it is, there always has to be one per kid – I call this the 'separate but equal law of parenting'. So today I broke the separate but equal law, and guess what I got in return? A tantrum, of course. I explained to Sammie that Disney got the popsicle because she was being good, and that Sammie was not

being good. She said, “But I’m being good now!” And I agreed, but I also explained that I had said she would be punished for not doing as I said by sharing with her sister and so this was her punishment. She threw a tantrum, but got over it rather quickly. I think she might have actually learned a lesson.

But back to the running away. I think every kid tries it or at least thinks about it. But of course, since they’re kids, the plans are never very well thought out. Like everyone, I tried it to, and my plan was packing a can of spaghetti in a suitcase. I was thinking ahead about being hungry, but of course I hadn’t planned where I would be going or even how I was going to open that can of spaghetti. I don’t even remember what prompted my decision to run away, which says something about how insignificant my parents’ wronging me really was. One time when my sister wanted to run away, she went so far as to call our aunt to come pick her up – luckily my aunt called my mom to double-check, but at least my sister had a plan. Most kids who think about running away don’t have a good solid plan, and many of them realize this before they actually leave the house. Let’s hope we are lucky enough to have that happen with Samantha if she decides to follow through on her threat.

---

## **It’s Amazing How Different They Are...**

I think that “It’s amazing how different they are” is something that you hear many people say when they’re talking about their kids, and I’m no exception. My two oldest daughters have the most contrasting behaviors between each

other; it's probably because my youngest two don't have fully developed personalities yet, so it's hard to say about which siblings differ the most from each other. But here is the example that made me reflect upon this:

Tonight the kids were given glow sticks to play with. The glow sticks came with a plastic wheel. Our eldest, Taylor, who is 8, used her wheel to make a flower out of her glowsticks. Really, it was quite creative and also pretty cool-looking and beautiful. Her 4-year-old sister, Sammie, put her plastic wheel on her face and used it to make funny faces. Both creative, but Taylor's idea was so much... well, it was a better idea, let's be honest. And you might be saying, well, that's the difference between 8 and 4. A perfectly logical response, but if you knew my girls, this wouldn't surprise you, and I'm not convinced that it's their age difference more than their personalities. Taylor is much more artistic while Sammie is a clown. We love them both equally of course, but it's really fun to note their variety. It's amazing how different they are...

---

## **The Lucky Rainbow (And God) Saved Us**

Ok, of course *all* the credit goes to God, but I was going for the catchy title. Yesterday I had one of the biggest scares of my life – a near-death experience. I'm going to start at the beginning of an otherwise wonderful day...

We were looking for a fun place to take the kids, and we decided upon the Fort Wayne Children's Zoo. The kids had their usual fun playing in the water hole, and the capuchin

monkeys were quite active, enjoying a game of tag. It was really cool to see; one would chase the other and then when he caught him, they'd switch and the chaser became the chasee – is that a word? Doesn't matter, I think you get the point. Capuchin monkeys are smart.

There was a kangaroo separated from the rest of the roos, and we thought it was a baby, until we looked a little closer and noticed she actually had a little baby sticking out of her pouch – SOO cute! It must have been a different type of kangaroo or wallaby than the eastern grey kangaroos though because it was much smaller, and obviously an adult since she had a baby. But anyway, they were definitely the highlight of our trip.

Earlier in the day, when we were deciding where to go, we had brought up the possibility of go-carts, and our 4-year-old had not forgotten. Since the kids were being (somewhat) good and it was still early (we were hoping for a triple kid pass-out on the hour-long drive home), we decided to stop for some quick laps around the go-cart track. I stayed in the car because we had 2 kids who fell asleep, and from there, I was able to watch the storm roll in. It was really neat; there was a lightning bolt that struck near the go-carting place, and everyone waiting in line said "whoa!". It was followed by a VERY LOUD crack of thunder, and that was the end of the go-carting. My husband had already ridden once with our 4-year-old, and they were waiting in line so our 8-year-old could go. But the poor kid has her father's bad luck because they shut the place down for the storm before she got to go. But she was a good sport about it; I actually think she was just so happy to be out of the storm and in the "safety" of the car... but you will soon see why I put the "safety" in quotes while referring to the car.

As we headed away from the go-cart place, it rained heavily. So heavily that the road flooded immediately and visibility was down to almost 0. I told my husband he should pull over, but you couldn't even see enough to do that. But then it

cleared a little, and there was a huge rainbow. It was beautiful; I don't think I've ever seen one in a full arc like that. I tried to take a picture but we had now gotten on the interstate and were travelling fast, so we'll have to see how it comes out. I was distracted by the rainbow, and this is where everything happened so fast it's kind of a blur. But I'll recap best I can... The cars in front of us were braking, so my husband made a hard stop – not all that hard, so I didn't really feel like we were in danger. I see a car on the shoulder all smashed up and facing us. The driver is getting out and looking at his car, and that's when I realize that it had *just* happened – no emergency vehicles were on the scene yet, and it's still happening because I hear horns honking. Then my husband says very calmly, "We're going to get hit." I looked in my sideview mirror and saw a semi coming at us, and he's not stopping. Instead he's coming right at my mirror and the next thing I know, the semi is next to us on the shoulder. Thank God there was a shoulder. Thank God my husband didn't pull onto the shoulder trying to save us, or he would have steered into the path of the semi. Thank God for a lot of things, but most of all, for the safety of my family. Turns out the horn that was honking was the *semi* warning us of our impending doom. All these news stories were flashing through my head on the rest of the way home about people whose vehicles got pancaked by semis. It was a split second away from happening to us, and there was nothing that could have stopped it, except Divine Intervention. I called 911 to report the accident, and that's when I learned that my cell phone makes a little noise when you do that – to make sure you really want to call, I guess. But the good news is, it didn't seem as if anyone was hurt because like I said, the driver of the car that caused it all was out and looking at his car. He was either brave or not very smart, because if that semi hadn't of stopped next to our car where it did, he would have been plowed over. Someone should tell that Subway guy from my last post that this is what 911 is really for! And this whole incident makes a case for my husband to try to get me to

fly to Florida next time rather than drive. All I know is, in the car, we had a **very** close call. Rarely are there close calls on a plane – you either crash or you don't!

A reminder to all to be thankful every day for everything you have!

---

## Nocturnal Purple-Legged Baby

So how is life with 4 kids? One word – chaotic. I suppose some of that can be attributed to us not taking any time off from volunteering with the various community groups we are involved in... Most logical people would have done the smart thing and laid low for awhile. But us, we did just the opposite and jumped into a few new projects head first – oops. But, I do enjoy getting out and spending time with fellow adults, and besides, we've already committed ourselves, so it's too late now.

But anyway, the kids are adjusting just fine to having a new little brother. Our almost 2-year-old has reached the terrible twos officially, and she spends most of her time being upset or making messes. Figures, doesn't it, that she would reach this stage right as there's a new baby in the house. But it can't be helped, and we just have to grin and bear it for awhile until it passes. The upside is that her terrible twos are no where near the magnitude of the turmoil that her older sister caused in the house when she was going through them, but it's still hard to see our once sweet little girl being so nasty. I don't know what it is about the terrible twos, but every kid goes through them (maybe the terrible twos aren't so bad with boys? I'm hopeful...), and they can totally change a child's personality for months, even



years. Little Disney was the sweetest baby and toddler, and now that she is almost 2, she has begun tantruming (almost constantly), hitting, spitting, and biting. Much, if not all of the behavior comes from being so frustrated – she gets frustrated when people don't understand what she wants or when she thinks her sisters are taking things from her. Even if they're just trying to help her, if anyone is doing anything she doesn't like, she'll throw a tantrum. But what keeps me going is knowing that it's just the age, and she'll magically return to normal one day; that's how it works. It usually happens suddenly, almost as suddenly as it began – it's like a spell is broken, and hopefully it's sooner rather than later; but I'm prepared for the long haul because her sister's terrible twos (and boy, were they *terrible*) lasted from about the ages of 16 months until she was 4 years old.

And speaking of our 4-year-old, Sammie loves her new little brother and always wants to hold him. I'm trying to get better about how nervous it makes me; especially because Disney sees her older sisters holding him and then of course she wants to do it. But as time goes by, he gets stronger and less floppy, so eventually I can let them help more and be relaxed about it.

Taylor, our 8-year-old, loves her new little brother also, although with 2 younger sisters, she's kinda been there and done that, as far as new babies go. She is still a big help, especially with Disney, but she and Sammie fight constantly, and now Disney is starting to join in... If we could get a handle on some of the fighting, things would be much better around here. I feel like my kids fight, argue, and bicker *constantly*. I probably feel this way because it's true. Part of it is Disney being so frustrated all the time, and then neither she nor Sammie like to share things with others; and then also Taylor can be really nasty to Sammie, probably just cuz it's summer and they're sick of each other. Thank goodness school starts in less than 2 weeks. I say that now,

but I'll also be losing my day-help when Taylor goes back to school, so we'll have to see how things work out.

As for the little guy himself, Christopher is almost 4 weeks old, and he's doing well. He is a constant joy to have around, but aren't they all at this age? The only problem with him is that he seems to be nocturnal – wakes all night and sleeps during the day. Luckily for me, my husband is a light sleeper and wakes with him before I even hear anything. He is getting no sleep, but I told him weeks ago, once you let me start sleeping through the night, my body will get used to it and I won't wake up... I don't think he listened. But my sleeping-lightly days are over – during my pregnancy I awoke very easily at every little noise, but now I'm back to my I-could-sleep-through-Armageddon phase. I also warned Hubby that this baby was going to be nocturnal because in the womb, he wouldn't move much during the day, but he's start going crazy about 9pm until after I went to bed.

And almost all new babies bring with them the fear of something being wrong – the other day, Christopher's legs turned purple out of no where... I had just gotten him out of his stroller, but his straps weren't too tight or anything like that; I checked on them later. It was horribly scary to see his little purple legs, and I've never experienced that with my girls. But the doctor didn't seem to be too concerned; just something to take a look at next appointment – might be a blood vessel spasm, which I found out is not terribly uncommon in infants after looking it up on the internet. There is a condition called Raynaud's Syndrome that is characterized by purple limbs, however they're accompanied by extreme pain, and little Christopher was sleeping calmly while this happened. We'll see what the doctor says on Monday.

That's about it for now; it's good to be sitting here blogging again – it's been so hectic for a few weeks that I was not in front of my computer enough to even blog. But then I started

thinking of all my faithful readers I was disappointing, and I thought I'd better make the time to give them something to read ☐

---

## Meet Dow Jones And His Sister, Indiana

Maybe it's because I have a daughter named Disney, but for whatever reason, these news stories about people with unusual names interest me. Here is a follow up story to the one I posted the other day about a family with the last name of Jones who named their kids Indiana and Dow...

*(CNN) – When you hear the name “Indiana Jones,” you think of an archaeologist carrying an idol and dodging a giant boulder. When you hear about “Dow Jones,” you might wonder if it’s up or down that day. However, in this case, Indiana and Dow Jones are siblings, 12 and 7 years old, respectively.*

*Dow and Indiana Jones participate in many sporting events. Indiana says, “announcers love to say our names.”*

*Indiana Elizabeth Jones shared her story with the iReport community, and we spoke with her mother, Jennifer Jones. The Port Deposit, Maryland, resident says Indiana got her name simply because her husband’s family is from that state.*

*As for Dow Joseph Jones, there was serious talk of naming him Jack Ryan Jones, to keep the Harrison Ford theme. (Jack Ryan is the character Ford played in a series of action movies.) Instead, her husband named their son Dow on a dare while Jennifer was asleep in the hospital bed after giving birth.*

*She said she cried when she found out and even thought about having Dow’s name changed.*

*CNN.com asked users to share their unusual names after a 9-*

year-old New Zealand girl named Talula Does the Hula from Hawaii won the right to change her name.

Dozens of members of iReport.com community explained the stories behind their odd names, as well as what they've experienced in their day-to-day lives.

Some names might not seem problematic until they're actually used on a daily basis. Open Weaver Banks of Ho-Ho-Kus, New Jersey (speaking of odd names), says that she shared her story with iReport.com in hopes that parents would think twice before giving their children an unusual name.

Open is an unusual name, but it's not necessarily a name that one might expect to cause regular difficulties. Weaver Banks, however, says that she often has problems with it.

"I have a hard time using my credit cards for personal items, because clerks will accuse me of using a business card. I cannot tell my name to someone without having to explain it. Some days, it is exhausting, and I can't even disguise the annoyance in my voice."

Banks' childhood was "painful" because of her name, too. "I still give my mother a hard time about the name choice, and she tries to explain that she was young, she liked how it sounded, it was 1970 and various other reasons," she explains. "I actually tried going by another name for a year, and I realized that as much as I truly hate my name, it is embedded in me and so much a part of my experience."

Some people avoid the use of their name altogether to avoid questions, confusion or embarrassment. "At times, for the sake of avoiding an uncomfortable conversation or throwing someone off guard, I answer to the names of 'Mary' or 'Kelly'," says Bluzette Martin of West Allis, Wisconsin. At restaurants, "the thought of putting an employee through the pain of guessing how to spell and pronounce 'Bluzette' just isn't worth it to me."

Martin was named after "Bluzette," an up-tempo jazz waltz written by Jean "Toots" Thielemans. Despite her daily problems with this name, it certainly has its perks, like when she met Thielemans in 1987 at a club in Los Angeles. "When I met [him], he thanked my mother," she says.

She called her mother in the middle of the night and told her that she had a surprise for her. She gave the phone to Thielemans, and he started doing his famous whistling, to the tune of "Bluzette."

Even celebrities aren't immune to the use of unusual names. Take boxer George Foreman's children, all named George. (Or actor Jason Lee's son, Pilot Inspektor, or comedian Penn Jillette's daughter, Moxie CrimeFighter.) These are just-plain bizarre names, like that of iReporter Holden Holden.

Holden, a sophomore at Shippensburg University in Pennsylvania, says that having a double name has its pros and cons. He says he has a face people will remember because his name is easy to remember. Unfortunately, he says, he's not very good about remembering names himself, so it can lead to some awkward moments.

Holden's grandfather died a month before he was born but was always called by his last name as a nickname. "My last name is my mother's maiden name, which she reverted to after she divorced," he explains.

Holden also says that he plans to run for president in 2036. "Since my name is pretty easy to remember, it'll be easier to garner votes that way."

As for Dow Jones' mother, she didn't go through with changing his name. Now she sees it as something unique for someone with the very common last name "Jones." And perhaps that's the bright side to having an unusual name: It sets you apart from the crowd.

*Dow's sister doesn't seem to mind.*

*"There is a new Indiana Jones movie out this year, so all my friends think it's pretty cool," she says.*

By Henry "Hank" Hanks  
CNN

---

## Congratulatory Dinner

Our small hospital does offer at least one benefit when you have a baby there: the congratulatory dinner. They have a woman who caters a dinner, and the nurses give you a choice if you want baby to join in or be babysat at the nurse's station to give mom and dad a "date". Although the setting is in the hospital, they take you down to a special room that overlooks the city, and we're not talking about hospital food! This is gourmet, delicious, and for dessert, a cake to celebrate baby's arrival. The dinner was so good when we had my 21-month-old that I told my husband we have to take pictures next time because it was hard for our friends to believe that food this good existed in our small town. But it does, and here are the pictures to prove it! I only wish they sold it in the hospital cafeteria on a regular basis – now that would totally redefine the term "hospital food"! By the way, those are giant shrimp in the picture that tasted like lobster; complete with a vat of butter for dipping. And that isn't a bottle of wine but sparkling grape juice, in case you were wondering why they would give a breastfeeding mom a bottle of wine ☐



---

## A Teacher CANNOT...

...tape a student to a chair. That's the lesson an Illinois man is learning after being sentenced to probation following an incident in a McHenry County classroom. Sorry Derek – this is really a story for your blog... you have my permission to steal it. Hopefully they cover not taping kids, especially special education students, to their chairs in Substitute Teaching 101? Here is the full story:

### **Substitute Teacher Gets Probation For Taping Unruly Student To Seat**

A substitute teacher who taped a pair of rambunctious 8-year-old special education students to their seats was spared forced confinement himself Tuesday when a judge sentenced him to probation instead of prison on a pair of felony convictions.

Matthew Konetski, 32, of South Beloit, Ill., must serve two years probation, pay a \$1,500 fine and perform 80 hours public service under the sentence handed down by a McHenry County judge.

The sentence comes about six weeks after a jury found Konetski guilty of aggravated battery and unlawful restraint for a March 2006 incident in which he taped one of his students at Harvard's Jefferson Elementary School to his seat, then put tape over the boy's mouth when the boy would not sit still.

The taping, according to trial testimony, lasted between two and five minutes.

Authorities initially charged Konetski with doing the same to a second student, but prosecutors opted not to go to trial on those allegations.

The mother of the boy whose case did go to trial said she is satisfied with the sentence.

"I never wanted to put him in jail," she said. "I just wanted him held accountable."

In a letter to the court, the mother said her son, who's been diagnosed with Pervasive Developmental Disorder, began acting out after the incident. At one point, she writes, the boy was hospitalized for more than 30 days.

"(He), 26 months later, still wakes up screaming 'Let me go!,' " the letter states.

During his trial, Konetski testified that he taped the boys as a last resort when they would not stop getting up in class. Although he was a first-year substitute with no special education training, Konetski was left alone with the special education students without two aides normally assigned to the class.

He apologized Tuesday for his actions, saying he never intended to harm or scare the boys.

"I was just trying to come up with a way to deal with a situation I didn't know how to deal with," he said.



County prosecutors had asked for a jail sentence along with the probation term, saying a stiff sentence would send a message to the public.

“(The victim) experienced being confined in his chair that day by this defendant,” Assistant McHenry County State’s Attorney Sharyl Eisenstein said. “We feel that he, in turn, should be confined in the McHenry County jail.”

Konetski will not have to register as a sex offender because, Judge Sharon Prather ruled, there is no evidence his actions were sexually motivated.

---

## He Is Here!



After months of blogging about my pregnancy, it's finally over and with the best result possible – a healthy, beautiful baby boy! His name is Christopher Vincent and he was 8 lbs. 2

oz. and 20.7 inches long when he was born at 2:53 pm on July 11. He is named for his father (at my insistence because my

husband felt it was egotistical of him to duplicate his name – not when others do it, just him for some reason) and his middle name is after the baby's late grandfather, my husband's father who passed away from Lou Gehrig's disease when our oldest child was just one year old. So we've been waiting a long time for a namesake for Vincent, and now little Christopher Vincent is here. He is a perfect baby and rarely cries, although he does seem to have his days and nights mixed up. Today he slept for almost 5 hours until I woke him up to eat. But that's probably because last night he woke up every hour. I wish I had known he was going to sleep that long because I would have taken a nap! It's been difficult for me to sleep at night due to the extreme pain I'm feeling because of the emergency cesarean they had to do to bring little Christopher into the world.

Here's a warning – I'm going to get a little bit graphic medically here because I feel the need to explain what happened to me. That way, other moms searching for info about pregnancy,



cesareans, etc. can happen across my site, and maybe it will help educate them and ease their fears if they know some things they can expect. For the rest of you, I apologize, and I suggest just looking at the really cute pictures of the baby and moving on to my other posts.

So I went to the hospital Friday at 7 am to get induced... I was really excited, but also pretty nervous. It's ironic that I didn't allow myself to get as nervous as I was with my 3 previous pregnancies because my last birth went relatively smoothly, so I figured, why get all worked up when everything will probably be fine? But it wasn't. Well, in the end it was, but until I got to see Christopher, Friday was one of the worst days of my life. It all started when the nurse couldn't get my IV in. I always bruise like crazy from the IV, but they've never had trouble getting it in me before. In fact, I seem to remember writing a post in my blog about what good veins they always say I have. Anyway, the nurse was trying to "save me a poke" and get a blood sample at the same time she hooked up my IV. I ended up with two holes on my right hand that swelled up like balloons – and I still had to get the IV put into my left hand. All that and she STILL had to draw blood from the vein like a regular blood sample, thus not "saving me a poke" at all as she had promised. But it didn't matter because I never care too much about the blood draw since I'm used to it and my veins are so easy to find... but anyway, after all this, I had to make a stupid comment – I said to the nurse, "I hope this isn't an omen for how the rest of the day will go..." Idiot. Apparently I cursed myself because things were just going to get worse.



The contractions started getting pretty painful and I called for the epidural, which if you don't know, is a pain elimination procedure (supposedly) administered directly into the spine. It's very uncomfortable to receive one, although it's nothing compared to the pain of the contractions it relieves, provided someone poking around in your spine doesn't bother you. Except that mine didn't work, which I'm told is rare, so don't worry,

just research other options before you go... But for me, this is where things go from bad to worse. Once we've all determined that the epidural didn't take, they make a call for the anesthesiologist to come back and discuss options. Except that, lucky for me (sarcasm), there was a shift change, so the person who messed up my first epidural was no longer around to mess up a second one. And, of course the new anesthesiologist didn't want to do one on a patient who had been done by someone else. And I should note that every time they call the anesthesiologist, it takes forever and a day for them to come because they're usually doing other patients in the hospital or who knows what. I wonder if it's like that at larger hospitals... Our hospital is quite small, and I've often wondered if there are certain aspects of care that could be better as a result. Anyway, so the 2nd anesthesiologist is explaining my options to me, and she is talking so slowly, I swear I was close to kicking her – I could still feel my legs, after all, and that was their fault, not mine. As she's explaining my options to me (not that there were many left), the nurse decided to check me and that's when she discovered we didn't have time to do *anything* – the baby was coming! The anesthesiologist was shooed away and the doctor was called, but of course with the way things had been going that day, she had gone home and so we had to wait for her to get back to the hospital. She got there and I was finally able to start pushing, except the baby wouldn't budge. I think the pain was worse than it's ever been, and I could tell the baby wasn't being pushed, and then the worst news yet – the baby's heart rate started dropping. Everyone started running around, honestly, it was total chaos, but I couldn't even think straight through all the pain. They wheeled me into the surgery room where there were like 10 people wearing surgery masks all doing different things. I was actually in favor of them knocking me out – the sooner, the better. Of course because of the epidural not working, I felt them cut me open, but in retrospect I don't know if it hurt more than I was freaked out about being able to feel them

cut me open. My arms and legs were tied down and I will be honest – it was a horrible experience – I couldn't sleep my first night in the hospital because right when I'd fall asleep, I'd have a flashback of the experience and jolt awake. Then, I smelled something funny in my oxygen mask and the next thing I know, I'm being wheeled out of the room – it was over! They had gassed me after all – lucky for everyone involved! But now I'm stuck with the awful recovery process of a c-section. One of the worst things about it besides the pain is the fact that I can't lift heavy objects – including kids. The second I got home, my 21-month-old reached her arms out and said "Mommy!" with a big smile, and promptly started crying when I couldn't pick her up. Between the lack of sleep, the hormone changes, and me missing her, I started crying, but luckily grandma saw me lose it and stepped in to rescue us; giving my daughter ice cream to feed me that made it all better for both of us. Now, only 2 days later, my daughter seems used to not being picked up, and the pain seems to be getting better, finally. Yesterday the pain was getting worse instead of better; when I woke up, every square inch of my body throbbed with pain, and I couldn't move at all – it was awful and totally discouraging. But, I had forgotten that the doctor said to also use ibuprofen along with my pain meds, so ever since I've been trying that, it's been working for me. But believe it or not, another pain remedy is baby-smelling. You just sniff the head of the newborn baby and give him kisses and it makes the pain better too! The worst part of the whole thing is that I had really wanted more kids, but after Friday, I just don't know if I have it in me to go through something like that (or worse!) again... But for now, I am enjoying mommyhood immensely, and the girls LOVE their new little brother. Taylor and Sammie want to hold him all the time, and Sammie especially can't keep her hands off him. She's always petting his head or touching his hands, or softly kissing him... she is so gentle; it's very sweet. And Disney, being almost 2, is getting her own ideas on how to care for Christopher as well. Yesterday she tried to insist that he be



put into his car seat and of course she threw a tantrum when it didn't go her way... But overall, things are going great and will be even better once we unmix Christopher's days and nights and get some more sleep!

Oh, and one more hint that will give you a fun momento for the baby book. If you mail a birth announcement to the White House, they will send you a congrats card from the President! Signed by an intern, of course, but hey, for some people in the '90's, that would have been Monica Lewinsky! Here is the address you send it to, you can also do this for wedding invitations, though I'm not sure the address is the same. I would just do a google search for "white house wedding announcement" or something like that.

Send your baby's name, birthdate and address to:

White House Greetings Office  
Room 39  
Washington, DC 20500

---

## FINALLY!

Unless I finish some of the drafts I've been working on today, this will be my last post for a little while – the Dr. finally gave us the green light to have our baby tomorrow! I am to report to the hospital at 7 am for an induction, and hopefully (unless this baby takes after 2 of his older sisters who were actually born a day after their induction) we will have a healthy baby soon after that. I would like to thank everyone who has been thinking about and praying for us, and I will ask hubby to email and / or call people when there is news tomorrow or Saturday. We will send pictures ASAP!

Thanks again so much for your thoughts and prayers – it means a lot to us!