End Of August 2012

How's that for a creative title? I don't have much time to exercise my creativity these days; well, that's not true... In my daily adventures of running a household of 7 and caring for 5+ kids every day, I exercise creativity all the time. I need to "fly by the seat of my pants" all day and find creative ways to combat boredom, disagreements and to provide a fun, stimulating and educational environment. But as far as written creativity... well, maybe someday I'll have time to once again work on enhancing my writing skills.

Luke had his 9 month chekcup today. He is actually $10\frac{3}{4}$ months old, but we had to reschedule his appointment twice because of an injury (he's ok now but had to get stitches in his pinkie) and work. He measured out perfectly for his age on all of their growth curve charts, and he was able to pass all of the physical tests with flying colors (picking up small objects, standing, clapping, etc). He weighs 19 lbs, 11 oz and is 29" long. He likes all kinds of table food, especially fruits and pasta. Nothing else really of note about the visit, except that he got his blood drawn and ate the band-aid after. I was wondering about the effects of wearing a band-aid on a finger that spends 90% of its time in the baby's mouth, but they're the professionals — or so I thought. I meant to take the band-aid off but alas, I didn't get to it in time...

I was actually going to write more; I wanted to share the homeschool curriculum I wrote for the kids, but I was reminded why I don't blog anymore. In just the short time it took me to type this, I had to stop more than 5 times to get kids out of the bath, change diapers, and break up fights... now I've been informed the baby is poopie and there is still a kid left in the bath, sounds like another one going back in... more later?

A Post About Nothing

This post is about nothing because I should be in bed. I'm writing as a way to vent because I can't sleep. We've let our daughter have sleepovers pretty much constantly for the past 2 weeks. We've run into some of her friends and figured what a better way to end summer in a fun way than with some sleepovers, especially with these friends we don't see often.

Problem is, all these girls seem to lose track of the rest of the world when they're together. They run up and down the stairs like a herd of elephants (I am SO not going to mention this out loud — what could scar a sensitive pre-teen girl more than comparisons to the largest land mammal??), they giggle incessantly, and they BURST into our bedroom at midnight complaining of a scary noise. And that's what led me here. Having a group of kids burst into my room as I'm trying to relax with some quiet reading time at midnight apparently set off my adrenal glands — big time. It's now almost 1 am, and I can't even think of laying down again for fear of my quiet bubble being burst yet again. My adrenaline is pumping so hard; I feel like I've just ridden a roller coaster or like I'm about to deliver a speech. The kicker is, with little or no sleep, how I am going to be able to supervise 6 kids tomorrow - with one of them being a VERY exploratory 10-month-I don't know how it's going to work. All because of a Well, unfortunately for this group of selfscary noise. absorbed 'tweens, they're about to find out that a long day with a very tired and grumpy Mom is *infinitely* more scary than any kind of noise or bump in the night.

Good luck, girls.

Checkin' In

Here it is mid-April already! It's funny that a few days ago I thought I had made the decision to not blog anymore, but here I am (part of this doing-less-for-me-more-for-others mentality I'm attempting). I have a kid who wants to train to be a babysitter by watching her siblings, and I have a baby who decided he needed a nap — so I find myself with idle time. Wait, idle time?!? What's that? I'm not used to this; I don't know what to do! Usually I try to cram in some housework or laundry or food prep in my "down" time, but right now I just want to sit... so writing I will do!

Nothing much to say, just a generic update on my family. The kids are doing great! There hasn't been any sickness in our house lately, so we are thankful to God for that. So a quick update on each of us if I can get it in before Luke's nap is over...

Taylor is 12 and a half now, and she is a great kid. She shows so much responsibility and genuinely cares for others. She is challenged at times with patience with her siblings, but she does well. I can't imagine it would be easy to be the oldest in a house where there is always so much chaos and needy little kids! Taylor leads the worship music for the kids at church, and she also enjoys using her artistic gifts to make posters for church events.

Sammie is almost 8 and is a pretty good babysitter. She LOVES her baby brother, and if it's the right day, she's great with her 5 year old sister and 3 year old brother. But Sammie has her off-days too, and if it's one of those days, WATCH OUT!

She will push buttons of all of her siblings, and she is quite good at getting them going. She is watching the littles

as I write though, so it feels wrong to say bad things about her behavior. She is getting ready for her 8th bday party coming up in May!

Disney has been causing 90% of the trouble in our house lately. Our sweet little Disney is going through a phase right now that is making all of us (her included!) crazy! She had a good day today, but in the past few weeks, she's been upset about EVERYTHING and also intentionally pushing the buttons that drive siblings over the edge. She loves school, and she is excited to start Kindergarten in the fall (we do homeschool, but we don't start homeschooling our kids until 2nd grade for a number of reasons; one is because we like the social skills that kids learn at school in the early ages).

Christopher has been acting like such a big boy lately! He's been potty-trained since New Year's day, and he does well with that. He's stopped throwing so many tantrums and is really acting more like a kid these days instead of like a crabby tantrum-throwing toddler. He does get into his fair share of messes, and he gets especially upset when he goes thru candy withdrawal.

Luke is 6 mos. already, and a handful as always — it's only getting worse as he gets older. Then again, he is getting even cuter as he grows, so that's the plus side \square But what a strong personality and eye for mischief he has for such a young age! I try not to think about it, but I find myself tempted to worry about how I'm going to stay sane when he is actually moving! Right now he's just scooting and rolling around, but he puts EVERYTHING in his mouth and is quite demanding; wanting 100% of the available parent's attention 100% of the time! You can see why this is challenging when there are 4 other kids — it's just one reason why I gave up my social life \square

Hubby and I are doing well also. His working 2 jobs keeps us busy, but in some ways, it's actually not as stressful as I

thought it would be. It's amazing how much easier things are when you truly trust the Lord to get you through. By no means is life easy these days, but I am so much better equipped to handle the twists, turns and busyness now than I was a few years ago thanks to Him. As I mentioned, we have given up our social lives. I miss my friends, but luckily we live in a world where I can still keep up with their lives and know how to pray for them when they need it. I've tried hanging out with adults a few times in the past few months, but unfortunately with all these kids running around and being so demanding, it seems better for everyone if I just focus on the kids and live a kid-oriented life. So, with Hubby now working on the weekends, we've been having our family Saturdays Fridays when we can. And we've been doing less of the expensive entertainment stuff and have been trying dedicating our hearts to serving more. My husband has thought of some very creative ways to do this, and we've had many an opportunity to get out into the local communities and give and share God with others. It's been wonderful!

I was going to write more, but the baby has woken up, and he's demanding my attention, of course. I just can't think straight when he cries and he knows it! More next month... haha!

January 2012

My blogging style has changed — maybe temporarily, maybe permanently. It's evolved, if you will, to meet the growing needs of my family. I no longer have time to sit down 5 times a week and write about my thoughts, my plans, my stories, my ideas, nor do I have the time to detail my agenda. With 5 kids now and all of the new things we're doing (new baby,

homeschooling, new career for both Hubby and I, new ministries...), I rarely do find myself sitting down and when I am, it's rare that a computer is in front of me. So for awhile, I will just post updates on the members of my family and our lives. This will still serve as a way to keep in touch with those who read my blog (those especially that I cannot find as much time as I'd like to talk on the phone with because of all the noise in my house — phone conversations are nearly impossible at certain times of the day!), and my blog will also continue to serve as a family diary for us to look back on someday and enjoy together. Updates:

Family — we began homeschooling last fall, and we still like We've had to make some adjustments to our planned curriculum since new little bro Luke (born Oct 7 2011) is quite a happy though demanding handful. We began co-op on January 9, which is a local program they have here at a church for homeschoolers. We go every Monday, and each grade level participates in 3 different classes taught by the moms of the group. Since it's our first year, I don't have a class to teach yet — I pulled nursery duty. Yep — 3 hours every week working in the nursery with my little Luke and about 5 other babies — Luke is the only boy. My husband asked me how I managed that one (because I LOVE babies!), and I don't know lucky I guess!! Apparently there are some ladies who don't want to deal with diapers and fussy babies and all that, but for me, there couldn't be a better job for me to serve at co-My other kids really like co-op. Beeber (age 3) is in Preschool, and he came home the first week with a "carrot project" - the top of a carrot in a cup of water. supposed to grow some green out the top, but ours didn't. He didn't seem to mind though. It's funny because when he handed me his carrot as I was picking him up, I thought it was the remainder of what he had done with his snack until the teacher explained it to me - haha! Disney is in Kindergarten at coop, and she really likes it. Since we've decided to homeschool our kids beginning at 2nd grade, Disney is also in

public school preschool, and she loves both of them! The older girls enjoy co-op too; it gives some of the structure of school without all the unnecessary rules and drama, and the classes are taught from a Christian perspective. I like that the kids are held accountable to other adults besides their parents for their assignments and quizzes. The Sunday-Monday rush is taxing for our family since we have seven bags to pack Sunday night for co-op AFTER a big weekend spent getting ready for church service, but it's worth it and we are settling into a routine. Wednesday sees us leading groups at youth group, and we had a friend offer to take the 3 middle kids to AWANA and they really like that. Thursday we have Bible study, and as I said, much of our weekends now consist of planning Sunday church service and TRYING to find time to rest and relax. Overall, we're busier than ever, but I feel happier than ever — God is so great! I felt so run-down and was having a really hard time for a few months, but I had some checkups with the doctor and think I got the problem solved. I feel better than I have in years and I can't thank God enough!! Now we just have to get Hubby some more sleep since he is waking with Luke all night, every night AND working 2 jobs, not to mention all of the help he gives me around the house.

The past few months, I've learned better to accept the circumstances of life as seasons that are constantly changing. I've also learned to better accept that the way things are now are most definitely going to change in a few months. I've learned to look forward to seeing what God has in store for my family rather than to let the ever-changing dynamics of our lives fill me with fear, dread or worry. As far as things at the new church, we've set up a wonderful childrens ministry, and we have about 20 kids that come every weekend. This is an AMAZING thing when you realize that the church had 0 kids attending only 4 months ago. We have been contemplating ideas for a youth ministry (tweens and teens) as well as some other things, and only God knows where we will be with that in a month or two. As I tried to say, things change

so fast that it's difficult to update it all on my blog, especially when this post alone has taken me a few weeks of having to put it aside and come back to add more later in order to finish it!

Before I stop writing for the day, I do want to share an amazing God story we got to witness this past Sunday. Μv husband had been up late most of last week writing his sermon, and there was a pancake supper at church on Saturday night. ended up staying home with my boys because I was feeling run down and Luke was crabby and oozing things from places (you don't really want more details, trust me... baby stuff). late Saturday night, Hubby decided to start telling God in prayer that he needed rest, and I was doing the same. morning, I was making my runs for church — I am the designated driver for the childrens ministry. Many of the kids that come to our church need rides because their home situations are... let's say complicated. Our church is located in the middle of the country about 6 miles from town, so I make 2-3 trips there in the morning to pick up the kids and to drive my own Sunday we saw a man riding a bike on US Route 6; his bike was pulling a trailer that normally is used for pulling children, but his was loaded with supplies. I wondered if he was homeless or someone who was making a long trek because it isn't all that unusal to see someone journeying down US 6 our little corner of the world seems to be on the way to everywhere! So we see people journeying down 6 from time to time, but not usually in the winter. On my last run, as I pulled into church, I noticed the man on the bike was also pulling into church. I got the kids settled, then went out to welcome him. Turns out, his name is Michealangelo, and he had been on his journey on his bike for FOUR MONTHS! He's from Los Angeles, and he began by biking north in California, and then coming out this way headed to New York — because God sent him on this journey. He saw the sign for our little church on US 6 and decided to stop. Michael has amazing faith, and he had amazing stories to tell! My husband asked him if he would

share some of these with our congregation, and Michael obliged, even after sharing his concerns about the way he was I don't have the time to go into all of the amazing details of the personal touches that God put on this story -I've already burnt the eggs that I was cooking and the house smells disgusting. But I will sum it up briefly: unexpected visit meant that my husband's sermon that he had carefully prepeared was not used last week because we were treated to the testimony of Michael instead. So my husband can rest a little easier this week knowing that his sermon is already prepared. Also, we've been talking in our own family and at church about really living a Godly life and what that looks like; we've been trying to make opportunities to GO OUT and serve God rather than just sitting around, doing the same old things for US. Michael's testimony reaffirmed these concepts — here is a man who has devoted his entire life to doing what God wants him to do. He left the life that he knew and WENT OUT THERE and is sharing the Word... And here I am frustrated because my words are failing to convey the story... And I wish I could find the links to the info about this guy on the internet. Hubby found them so maybe when he gets home from work I can ask him and add them to my blog.

But anyway, it was a magical Sunday, and I am thankful that I got to be a part of it! I will leave you now with a little update about my little Luke — he tried his tot wheels for the first time in January. He likes it, but only for short periods of time. He is a grown up little guy in a baby's body with a baby's attention span. He loves to stand, and practice walking ALREADY even though he is not yet 4 months old. He also loves to watch other kids in action — his sisters and brother and also the kids at co-op and at youth group. WOW — I really have to blog more often! Once I got going, I had so much to say but not enough time to say it... sorry that I was kind of all over the place, but that's the price I pay for sitting down and trying to do this with all these kids running around and my many tasks to accomplish! Until next time...

Monday, Monday

Don't you just hate when you run out of certain household staples and a trip to the store becomes imminent whether you planned it for that day or not? Happened to me today, and wouldn't you know, it was a cold December rainy day. Complicating what should have been a simple run to the store were my 5 kids and the fact that the rain decided to change over into sleet and ice during the trip.

As always, it took us almost an hour to get ready to go. takes forever for the kids to listen well enough and to stop playing long enough to pull on socks, shoes, and coats. 2 of my kids are in diapers and one is being bottle fed, my diaper bag these days is huge and takes some time to pack every time I leave the house; especially when I have to take breaks from packing it to tend to the baby and the various needs of various kids. Finally, we were ready to leave the house, but somewhere in the melee I decided to leave my 2 oldest kids home. Contributing to my decision, Sammie was having a rough and crabby day, so I decided it would be most productive for the family if she and her brother were separated since that's where today's fights were centered. Except that meant that I had to come up with a home-schooling project for the girls to do while the rest of us were out, which meant further delay.

I get most of our family's staples at Walmart because they are usually cheapest and it's the whole one-stop shopping thing. Except that their milk prices are horrible, so today I found

it worth the savings to unload all 3 kids (ages 2 mos., 3 years and 5 years) to make an extra stop at Rite Aid. Besides, I've had a hankering for some Combos and Rite Aid often has them on sale. But wouldn't you know it, today was a Monday and there wasn't a sale on Combos, nor was there any milk on the shelves at all! "The truck is usually here by now," said the clerk when I asked about the absence of milk, but his musing didn't help me any. So I re-loaded all the little kids and headed to Walmart — by now the rain was turning to sleet and the driving visibility was compromised. We made it across town safely with a quick pitstop at the gas station because it was coffee Monday, which meant all sizes of coffee are just \$.89. But they were out of 24 oz. cups. Which meant that I had to have a 20 ounce cup for the same price as a 24 ounce cup would have cost — the kind of stuff that normally gets my goat. No matter, I shouldn't have coffee greed anyway, but now I was cold, wet, and slightly irritated... and I had all these KIDS with which to deal... that extra 4 ounces of coffee could have served me well!

On to Walmart where I had to circle the lot 3 times to find a decent parking spot. Not that I'm lazy, but it makes me nervous to walk through the parking lot with so many little kids, at least one of whom doesn't listen well and tends to run off whenever he pleases. I got a break because my parking spot was next to a cart return, so I loaded all 3 kids into a cart — though it was a bit of a feat to fit them all in along with my huge diaper bag. We had plans to switch into a more kid-friendly cart once we got inside, but the kid-rider carts were all buried behind other carts, leaving me no choice but to leave my kid-filled cart in the path of every other shopper who entered the Walmart in that particular 5 minute span. shopping itself was uneventful, unless you count the fact that my son tumbled out of the cart (did it have to be while he was explaining to me how he likes Justin Beiber's songs just not Justin Beiber himself? And one wonders what that all even means when coming from a 3-year-old...) We had to stop a few times to nurse his wounds and to feed his brother, but then we were on our way. I didn't realize until my groceries were all bagged up that I forgot my wallet, meaning that I had to drag all the kids back out to the car in the now freezing rain (it actually made noises as it bounced against our cheeks) to get my wallet and then to return to the store to buy our groceries... not to mention maneuvering BACK to the car to load up all the kids and the groceries...

Following that, my intentions were good; I was going to bring Hubby a special half-price fountain drink from Sonic for Happy Hour, but I ran out of gas. Well, I didn't run out of gas and get stranded in the cold, so for that I'm thankful. But after all of the illustrations of Murphy's Law I witnessed on this Monday, I decided not to risk stopping at the gas station again for gas — coffee Monday or not.

In case you had the same sort of Monday and need a theme song:

Luke James

Our 5th bundle of joy arrived on October 7, 2011. His name is Luke James, and he was born at exactly 8 am, weighed 7 lbs 11 oz and was 19.5 inches long. He is healthy and a very happy easy-going baby. He seems to have his days and nights mixed up though, which I suspected based on his movements when he was still in the womb. We are enjoying him immensely, and so are his 3 sisters and his brother. I am recovering from the c-section pretty well, and I will write more about Luke's first days at home when it doesn't hurt to sit in a chair for longer than 10 minutes. I would love to put up a hundred pictures of gorgeous little Luke, but my bunny chewed my camera cord, and I can't get any pictures off my camera. hope to have this situation remedied soon, but I depend on Hubby for all my tech-related needs, and Hubby is exhausted staying up with the baby at night, taking care of me and the kids during the day while also keeping up with his responsibilities at both of his jobs. It just seems mean and commanding of me to place more demands on him now, so I will have to somehow be patient about the picture taking and sharing. I wonder how long I can last; Luke is one of the cutest babies I've ever seen!!!

UPDATE

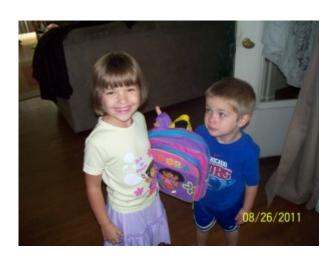
Hubby devised a way to transfer my pictures using my ebook reader — genius! So anyway, here is a picture of swaddled Luke at 1 day old:



Disney's First Day

Disney had her first day at her new preschool last week, and she had a great time! She really likes going to preschool every day! Here are some pictures of her on her first day. One picture features her little brother who wanted to go to preschool too, but he's such a cool dude that he got right over it and is happy going to pick her up every day (despite his parents making him wear the Chicago Cubs shirt):





In General...

Here we are in the middle of August already, how did that happen? I know how July flew by for me since most of it was spent traveling, but where the heck has the beginning of August gone?

I am 30 weeks + a few days pregnant. I talked to the doctor yesterday and am most likely going to have the baby at 39 weeks (planned cesarean), so there is not too much time left of this pregnancy — for that, I am mostly glad! I cannot wait to meet little Luke! Plus I'm sick of the soreness, the nausea, the moodiness, and all that good stuff. I just hope that I turn back into a normal person again because right now it seems like an impossibility. I can't remember my life before I was pregnant — did I really have enough energy to function every day? Sure don't now, but most days, I can fake it but that is exhausting in itself.

I wrote a few posts ago about making important decisions and about doors of opportunity opening for us. For certain things, we are still praying, being patient, and waiting to see what God's plan is for us right now. In the meantime, we

did reach one decision about a lifestyle change for our family, and we are very excited to get started. Close family already knows what this is about, but do I want to reveal it to others for the first time in a blog? I'm not sure... But either way, we are very excited about it, and it's been a lot of fun already to begin this journey. Just another thing to look forward to this fall!

Tonight is the last night of our Wednesday night Bible study, and it's been great to make new friends and to get to know these families. I am looking forward to having 3 (THREE!!) free Wednesday nights for our family once the class is over and before youth group starts again. And how is this for irony? I wrote the preceding paragraphs, saved it as a draft, then did lunch with the kids before coming back to it. During lunch, I checked the mail and I found postcards notifying us of youth group leader training meetings on TWO of my THREE free Wednesdays. Sigh. I need to be happy with that one free evening, but my human nature disappoints me because I almost had 3 free Wednesdays instead of one... oh well, such is life. Wednesday nights are fun anyway; I just wish I had more energy to enjoy them.

My Monday morning Bible study is drawing to a close also — that one I will really miss. I've become close with the other ladies in my class, and it's been so great to get to know them and learn about the similarities and the differences in our lives and journeys in our relationships with Christ. I will even miss the 5 hours a week of homework — it was SO incredibly valuable and eye-opening for me to spend this time with God's word. If I weren't taking on so much this fall, I would definitely sign up for another one. Maybe in the spring or next summer...

Seen some movies lately, as usual — I think it's probably mine and Hubby's favorite thing to do together, snuggle and watch movies after long days of work and tending the kids. I had heard that the new Planet of the Apes movie was supposed to be

good, so we saw that, but I was disapointed. It was okay, but I was hoping for less ape, more planet — meaning, the movie ended just as the apes were about to take over. I would have liked to see their rise to power as they actually take over the planet. Maybe that's going to be saved for the next movie? The movie was entertaining, but there was a little too much animal cruelty and not enough payoff — seeing the apes take over the planet — for having to watch all that animal cruelty. Of course the creatures were CGI so you know none of them were hurt during filming and it was just a movie, but that doesn't mean in my spare time I want to sit and watch that and think about what goes on in animal testing labs.

We haven't visited the Redbox in a while, mostly because we had seen many of the movies they had (we watch a lot of movies!). But Hubby ventured out last night and picked out Cedar Rapids, a fun (a bit more vulgar than I usually like, but interesting just the same) movie about insurance salesmen starring Ed Helms (Andy Bernard from The Office; he's also in the Hangover movies). It was a different kind of movie, and we both enjoyed it.

That's about it for now... I just had the opportunity to sit and blog for awhile - I MADE the opportunity, actually because I just HAD to today. I've had this awful headache that's been lodged behind my left eye for a few days now, and running around chasing kids again was just too much for And I do need to sit more. For someone in my condition, I really think I should be resting more, but the nature of the busyness in our household makes it an impossibility. I'm finding it quite a challenge to take good care of myself, finding time to eat right to take care of my anemia and gestational diabetes and all that stuff. It's just too hard to put myself first when I have 4 little ones to take care of and Hubby has his own full plate with work as well. hate to complain about physical stuff, but I really need to feel better soon.

I'm Thinking... I'm Thinking...

Some comic relief in the title of this post to distract me from quite an overwhelming day today:

Received some devastating news (for us, but don't worry — it's great news for some friends of ours) prayed about it, and examined the possibilities that may arise from it. There's also been several intriguing and exciting doors being revealed to us lately, and we are praying on, thinking about, and waiting to see which ones will open and where they might We've been contemplating a huge decision in the past few months regarding our family, and it's time to finalize that decision. We spent some time with friends today gathering information and establishing a support system for this possible lifestyle change. I'm excited but for the lack of sleep wearing me down and making me feel overwhelmed — it's all a lot to process. I will write more in a bit — as you can see, I have a new keyboard. I have a whole July manifest half-written that's kept me busy — I want the kids to be able to read about our family's stellar July 2011 on my blog someday, so I'd better get around to it. Same thing with my chronicle of the Florida trip we took in January that still has the last part missing 6 months later - oops. know what my problem is — the only thing that distracts me from blogging is doing homework for my Bible study class — and the fact that I found my Zoo Tycoon game; that's really distracting from productivity. And oh yeah — the 4 kids running around the house because it's been too hot to play outside; that can make blogging a bit difficult.

Why I Dislike Time Change

Just a few of the reasons why I dislike the time change, especially the "Spring Ahead" version:

LOSING AN HOUR OF SLEEP

- 2. Mechanical clocks can be reset, kids' internal clocks cannot. I will lose an hour of sleep, and my kids will still wake up at the same time, which doesn't bode well for the "fall back" version of the clock change. In the spring, the kids will still want to go to bed at the same time, no matter what the clock says see #2.
- 3. Normally I would like having the sun out later into the evening, but with 4 kids who don't want to go to bed until it's dark, the old go-to-bed reply, "but it's not dark out yet" can actually make sense until 10pm where we live. I both like having daylight until 10pm in the summer and dislike it at the same time a conundrum for now, maybe something I'll like better when my kids get older.
- 4. LOSING AN HOUR OF SLEEP (that hour is so precious, it's on here twice)
- 5. There is a HUGE difference between 9:45pm and 10:45pm that I wouldn't have noticed if not for the time change tonight. At 9:45, the night was young, I had time for my shower, some laundry, and maybe a quick tv show or two to watch with Hubby before bed. But before getting into the shower, I changed the clocks, and suddenly it was 10:45. Suddenly there is only time for the shower and maybe a quick load of laundry before getting to bed too late to really feel good tomorrow anyway. And no kid-free time with Hubby because (see #2).
- 6. LOSING THAT HOUR OF SLEEP (so important, it needs to end the list)

Don't forget to set your clocks ahead one hour everyone, and forgive me if I chuckle at those of you who show up late to church tomorrow — maybe it will help me feel better about my tiredness!!